

Thanksgiving 2020

Smaller is Safer

Thanksgiving 2020 is going to look a lot different for many of us. How do you celebrate, give thanks and be with the ones you love without putting yourself or others at risk?



Public health experts and medical professionals encourage us to be responsible, safe, and creative this year. We can do hard things!

Low risk activities

- Having a small Thanksgiving dinner with only your household members
- Preparing traditional family recipes for family and neighbors, especially those at higher risk of severe illness from COVID-19, and delivering them in a way that doesn't involve contact with others

High risk activities

- Any travel outside your jurisdiction (traveling outside your jurisdiction is high risk behavior)
- Attending or hosting large indoor gatherings with people from outside your household
- Attending sporting events, parades, or performances
- In-person shopping with crowds
- Using alcohol or drugs, which can cloud judgement and increase risky behaviors



*For helpful guidance on how to celebrate safely this winter please visit the Central District Health website:
https://www.cdh.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/holidays/Safer-Fall-Winter-Holidays_Final.pdf