

THE BRIDGE BULLETIN

ISSUE NO 4 | APRIL 2024



News from Ada County's Youth
and Family Resource Center



JAN - MAR 2024

54%

LE referrals

97 out of 180 youth were referred to The Bridge by law enforcement. Referrals from schools continue to be the next highest source (26%) followed by family (7%), community organizations (7%), Health & Welfare (3%) and medical personnel (2%).

54%

participation

92 of the youth and families referred to The Bridge this quarter are in screening or case management with us; 78 families chose not to participate, either by declining services or not responding to our outreach; and the remaining 10 are still being contacted.

79%

screen in

58 out of 73 caregivers assessed their youth as at-risk for possible emotional or behavioral problems. A similar percent of youth (72%) identified themselves as at-risk using the same tool, the Pediatric Symptom Checklist.

COLLABORATION with Pathways Youth Community Support Center

The Idaho Legislature dedicated funds in FY23 to help establish youth assessment and crisis centers throughout Idaho. Grants from this funding helped launch both The Bridge and Pathways Youth Community Support Center (PYCSC) - a fantastic resource to support youth and their families who are or may experience a behavioral health crisis.

The Bridge is one of the top 5 referral sources to the Youth Support Center, both in and out. We send some families to them, and they send

youth to us for additional resources and ongoing case management. Since its opening on October 16, we referred 8 clients to the Center and received 17 referrals from them.

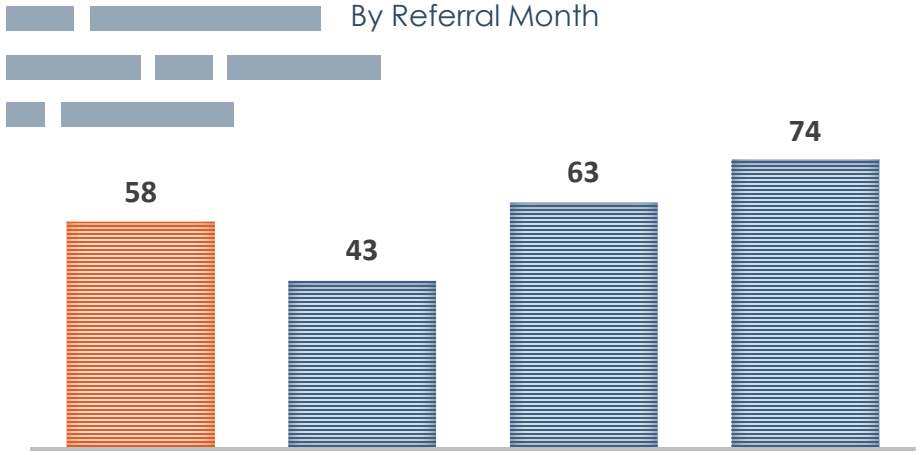
Although we have been calling PYCSC a "crisis center", Pathways of Idaho State Director Ryan Jones emphasizes that the title "Support Center" was intentional. They want youth to engage BEFORE they are actively in crisis. This is a great alternative to calling law enforcement if a family is struggling and a key partnership for The Bridge.

97 youth and families received connections to community services in the first quarter of 2024:

- ✓ **Counseling** – 77 youth/families (79%)
- ✓ **Prosocial activities** – 22 (23%)
- ✓ **Mentorship** – 15 (15%)
- ✓ **Basic needs** – 14 (14%)
- ✓ **Education/job support** – 14 (14%)
- ✓ **Parenting education** – 6 (6%)
- ✓ **Crisis services** – 4 (4%)
- ✓ **Respite** – 2 (2%)

We made 213 referrals to 78 different community providers. Most youth and families were referred to multiple resources.

180 Youth Referred to The Bridge



↑ new referral high!
Our previous record was 65 last November.

SUCCESS SPOTLIGHT

For all the horse lovers...

During a screening and assessment session with a teen and her dad, staff discovered that she enjoys horses. We introduced the idea of equine therapy and the girl's face lit up! She had no idea such therapy existed and was excited to give it a shot. We referred her to Hearts to Horses: Equine Assisted Psychotherapy, and she was able to get an appointment only a week later.



"I feel lucky when I go to the YMCA"

A mom texted us this special note and picture from her son whose YMCA membership was sponsored by the Tate Family Charitable Trust. The Y reports that he has been bouncing down the hallway and they are happy to have him!



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