

SECTION: M-08

PROTOCOL TITLE: Adult Vomiting/Severe Nausea/Vertigo

REVISED: December 01, 2022

GENERAL COMMENTS: Nausea and vomiting are general complaints that can have any number of underlying causes. Care should be taken to screen for significant pathology and treat accordingly. An emphasis on a complete neurologic exam is paramount.

BLS SPECIFIC CARE: See adult General Medical Care Protocol M-1

Antiemetics:

- Zofran (Ondansetron)
 - **ODT:** 4 mg
 - Repeat one time in 10 minutes, if needed

AEMT/O.M. SPECIFIC CARE: See adult General Medical Care Protocol M-1

ALS SPECIFIC CARE: See adult General Medical Care Protocol M-1

Antiemetics:

- Zofran (Ondansetron)
 - **IV/IM/IO:** 4 mg
 - Repeat one time in 10 minutes, if needed
- Benadryl (diphenhydramine) IV/IM/IO:
 - **IV/IM/IO:** 25-50 mg
- Droperidol (Inapsine)
 - **IV/IO:** 0.625 mg – 1.25 mg, repeat every 5-10 minutes PRN, max total dose 5 mg
 - **IM:** 2.5 mg, repeat once in 5-10 minutes PRN, max total dose 5 mg
 - Hold for history/suspicion of prolonged QT syndrome, Torsade de Pointes, or EPS/Dystonia.

PHYSICIAN PEARLS:

Care should be given when administering medications with sedative properties to patients who may have consumed alcohol or are receiving other CNS depressants.

Nausea can mask many pathologies. All providers are responsible to investigate and consider differential pathologies when giving anti-emetics.

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ADULT VOMITING/NAUSEA/VERTIGO