EMERGENCY PREPAREDNESS POINTER

NATIONAL PREPAREDNESS MONTH

September is National Preparedness Month. This year, the theme of national preparedness month is Take Control in 1, 2, 3. "Older adults can face greater risks when it comes to the multitude of extreme weather events and emergencies we now face, especially if they are living alone, are low-income, have a disability, or live in rural areas" (ready.gov, 2023). Creating an emergency communications plan, building a disaster supplies kit, and actively staying informed are three ways one can become more prepared. To learn how to do that, please keep reading. Also, for more information specific to older adults, please visit: https://www.ready.gov/older-adults

EMERGENCY COMMUNICATIONS PLAN

It is important that all members of the • Start planning today by using this household have a copy of a written emergency communications plan. Regularly check the information in your plan to ensure all information is correct and current. Your mobile phone will not always be accessible; this is why it is best to have this information written down for each individual.

- emergency communications plan template.
- Don't forget about planning for your pets as well! See ideas for planning here: Humanesociety.org
- For more planning information visit Ready.gov/plan

BUILD A DISASTER SUPPLIES KIT

A disaster supplies kit is a collection of items your household may need following an emergency. Being prepared means having enough food, water, and other supplies that will last you for several days, or even until access to those essentials has been restored. For ideas on building a disaster supplies kit, please visit Ready.gov/kit or adaprepare.id.gov.



Reference: ready.gov (2023). National Preparedness Month. Retrieved from: https://www.ready.gov/september



STAY **INFORMED**

What types of hazards can occur in Ada County?

Hazards in Ada County

How can I receive emergency notifications if a disaster occurs?

Sign up for CodeRed to receive emergency notifications in Ada County.

Where can I look for disaster preparedness information?

- <u>adaprepare.id.gov</u>
- ready.gov
- redcross.org
- humanesociety.org
- weather.gov

What trainings can I take to become more prepared?

- training.fema.gov
- redcross.org/take-a-class







