The start of a new year presents a great opportunity to update your 72-hour kit. Supplies can expire or wear out due to age. It is also important to take, add, or remove items if your circumstances have changed over the last year. Here is a list of items to check:

- Check food and water for expiration dates
- Check expiration dates for all medications
- Check batteries for corrosion
- Ensure electronic devices in your kit are still functioning properly
- Check for expiration dates on pet food and veterinarian supplies
- Make sure clothes in the kit still fit and are in good condition
- Check the condition of sanitation items
- Replenish any supplies that have been depleted or worn out

To see a complete list of what to include in your 72-hour kit, click here or visit https://adacounty.id.gov/accem/How-to-Prepare-Resources/Family

When updating your kit, it is also important to review your disaster plan and other important documents for correct and current information. Moving to a new home, the birth of a new baby, and changing bank accounts are all examples of typical life occurrences that would need to be taken into consideration when updating your disaster plan and important documents. Some of these documents include:

- Medical, homeowners, and car insurance
- Will, deeds, stocks, and bonds
- Passports, bank account numbers, and credit card numbers
- Birth and marriage certificates
- Family disaster and communication plan (phone numbers, addresses, meeting places, and out of state contact)

Tune Up Your Car Kit

Be sure to check your emergency kit in your car. Rotate supplies throughout the year for seasonal weather changes and check for worn out and depleted supplies.

- Tire chains
- Blankets
- Shovel
- Ice scraper
- Sand or cat litter
- First aid kit
- Warm clothes
- Water & snacks
- Tow rope
- Flares