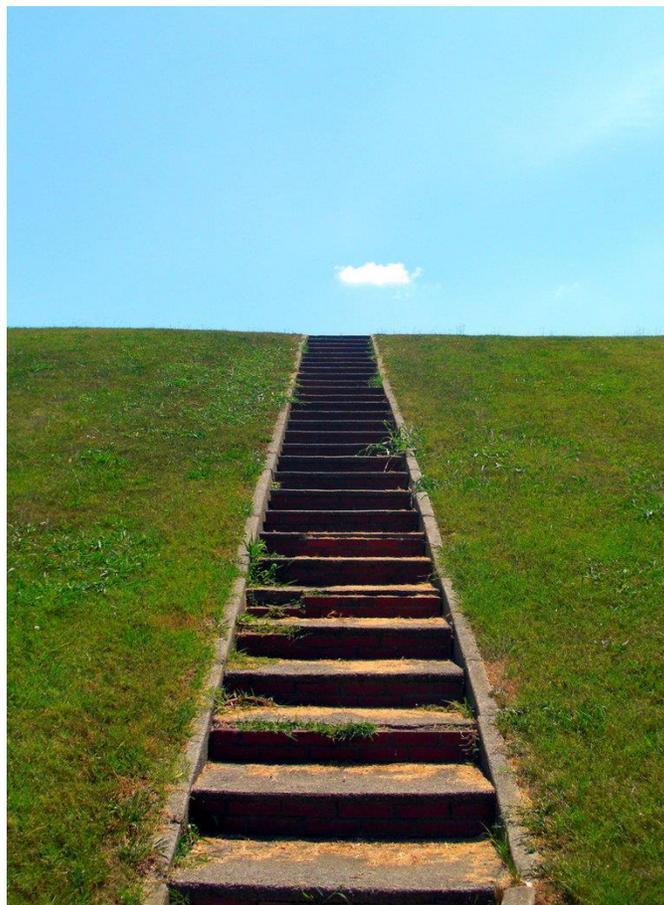


**ADA COUNTY PROSECUTOR'S OFFICE  
VICTIM WITNESS UNIT**

# **RESOURCE GUIDE**



**ONE STEP AT A TIME**

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according to the service provided.

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**This resource guide contains information on businesses and service providers in the community. Please call to verify dates, times, and costs of any and all services listed.**

Revised December 2015

## **CHILDREN'S SERVICES:**

### **Big Brothers/Big Sisters of SW ID**

377 2552	110 N 27 <sup>th</sup> St., Boise
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- Screened volunteers participate in 1-to-1 mentoring program with children (6-18). Wait list for boys.

### **Family Advocates**

345-3344	3010 W. State Street, Boise	<a href="http://www.strongandsafe.org">www.strongandsafe.org</a>
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- This program is specially designed as a parent resource center. Referrals to the most up-to-date parenting information, books, Internet links, classes, community activities and resources, toys, talk-back board, and a monthly informational supplement
- This program has a variety of family strengthening programs. It is open to all parents and includes weekly support groups.

### **Birthright of Boise**

342-1898 /24-Hour Hotline 800-550-4900	1101 N. 28 <sup>th</sup> St., Boise
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- Assistance available for pregnancy testing, a place to stay, advise on telling parents, medical care and financial assistance or merely discuss the issues and remain anonymous.

### **Marrion Pritchett School @ Booth Memorial**

854 6830	1617 N. 24 <sup>th</sup> , Boise	<a href="http://www.boiseschools.org/schools/booth">www.boiseschools.org/schools/booth</a>
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- Public high school for pregnant teenagers and parenting teens. Females only. Housing available for ages 18+ On-site daycare available. Visit the website for more information.

### **Madison Early Childhood Center**

855-4400	2215 W. Madison Av. Boise
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- For 3-5-year-olds. For possible problems with speech, language, self-help skills, hearing, vision, social and emotional, motor skills & concepts. Screenings once a month, call for appt.

### **Boys & Girls Club of Ada County**

321-9157	610 E. 42nd St., Garden City	<a href="http://www.adaclubs.org">www.adaclubs.org</a>
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- Childcare for children ages 6 to 18 offers daily recreational, educational and social activities, homework club each afternoon during the school year. Boise Schools provides lunch during the summer months

### **Children's Mental Health**

334-0894	1720 Westgate Dr., Ste A-1, Boise	<a href="http://www.healthandwelfare.idaho.gov/">www.healthandwelfare.idaho.gov/</a>
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- Crisis line & mental health screenings
- Mental health services on sliding scale

### **Centennial Job Corps Center**

442-4500	3201 Ridgecrest Dr., Nampa	<a href="http://centennial.jobcorps.gov/">http://centennial.jobcorps.gov/</a>
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- Offering, qualifying young adults age 16 to 24 years of age, vocational and academic training in a supportive and safe environment; completely free of charge. It is a full-time, year-round program providing a wide array of skills training, education and support services including housing, meals, medical care and counseling. Now offering Health Occupations Program Center is in Nampa at Centennial Job Corps

### **Dream River Ranch**

796-2228 or 602-3265	8894 W. Martha Ave., Oasis	<a href="http://www.dreamriverranch.org">www.dreamriverranch.org</a>
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- This program offers therapeutic horseback riding for at risk children. Scholarships are available.

### **Especially Me!**

424-5011	350 N. 9th St., Boise	<a href="http://www.jlboise.com">www.jlboise.com</a>
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- For girls age 10-14, a three-part series of classes designed to provide young women with age-appropriate skills and information to help them make positive decisions about themselves, their relationships and their reproductive health. Call Junior League of Boise for more information. Available Monday, Tuesday, and Friday from 8:30am – 2:30pm.

### **Family Violence Prevention Program (SANE)**

345-1170	5400 W. Franklin Rd. Suite #H, Boise
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- An outpatient treatment program designed to effectively intervene into the cycle of physical abuse. The program works with adolescents convicted of domestic battery or dating violence related crimes or those believed to be at risk of violent, abusive or controlling behavior.

### **Families First**

345-3344 (press 2)	3010 W. State St. Suite 104, Boise	<a href="http://www.familyadvocate.org">www.familyadvocate.org</a>
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- This program is designed to provide all parents of young children from birth to 12 years with the information and support they need to give their children the best possible start in life. Family Outreach Program educates parents in reducing stress and strengthening family. Promotes knowledge of parenting techniques and healthy parent/child relationships. Healthy Families educates first time parents' infant care, well-baby checks and immunizations. *Parents As Teachers*, children 0-5 years information to increase parent's knowledge of child development and ways to stimulate learning. Provides materials and activities to promote literacy and school readiness.

### **Hays House (Children’s Emergency Shelter):**

322-6687 Crisis Line 322-2308	7221 Poplar St. Boise	<a href="http://www.youthranch.org">www.youthranch.org</a>
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- This program assists children ages nine through seventeen and provides shelter, individual counseling and family counseling and mediation. This is a transitional home and is not intended for long-term residence or foster care. The confidentiality policy is adhered to. Fee depends on program, and nobody will be turned away due to inability to pay. Children can be placed in this program in the following ways:
  - \*By parent or guardian
  - \*By the Department of Health and Welfare
  - \*By law enforcement if the child is found to be in imminent danger
  - \*By the child if child calls the crisis hotline and reports a need for safe shelter
- Placement 24 hours a day/7 days a week. Provides services to individual families attempting to address issues of out of control teens and children prone to runaway.
- Free parenting group

### **Computers for Kids, Inc.**

345-0346	8540 W. Elisa St, Boise	<a href="http://www.cfk.idaho.gov">www.cfk.idaho.gov</a>
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- Offering Idaho students K-12 grad the opportunity to enhance their education through the use of Technology at home. Low cost refurbished computers. Complete application by submitting 1 page essay and processing fee.

### **Head Start-Friends of Children & Families Inc.**

344-9187	4709 W. Camas, Boise	<a href="http://www.focaf.org">www.focaf.org</a>
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- Free Pre-school Services Program offers family support services, nutritious meals, qualified teachers, services for children with disabilities, developmental preschool activities and transportation available.

### **Head Start (Early)**

429-0012	304 E. 36 <sup>th</sup> St., Garden City	<a href="http://www.focaf.org">www.focaf.org</a>
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- Expectant parents and families with infants up to age 36 months. Prenatal development, parenting skills, child development, nutrition, safety issues, health info and referrals, behavioral and family living skills are addressed via group meetings and home visits.

### **Health & Welfare Navigation Services**

1-800-926-2588	1720 Westgate Dr. Ste A2., Boise
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- The goal of this program is provide information about health and welfare services as well as resources in the community.
- Provides information on rental and transportation assistance.
- Do not take walk-ins.

### **Parks & Rec Youth Services**

608-7688	Fort Boise Community Center 700 Robbins Rd, Boise	<a href="http://www.cityofboise.org/departments/parks">www.cityofboise.org/departments/parks</a>
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- Offers wide variety of social educational activities at all ages.
- Activities take place at 7 sites around the community.

### **Idaho CareLine**

211		<a href="http://www.idahocareline.org">www.idahocareline.org</a>
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- Information about children birth to age three. You'll find articles about child development, current practice and research, plus links to Idaho and national programs. Subjects include Active Parenting, Child Care, Early Learning, Health and Wellness, Immunizations, Nutrition and Breast-feeding, Pregnancy and Prenatal Care, Protecting Children and Special Needs. [www.idahochild.org](http://www.idahochild.org). Information includes immunizations, active parenting, adoption, early learning, toddler development, father's role, information in English and Spanish. New information and topics are added each month.

### **Idaho Federation of Families for Children's Mental Health**

433-8845	704 N. 7 <sup>th</sup> St, Boise	<a href="http://www.idahofederation.org">www.idahofederation.org</a>
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- An advocacy group for parents with children with severe emotional disorders. Groups can make referrals, brainstorm ideas and coordinate information for families, as well as IEP meetings and parent support groups.

### **Learning Lab**

344-1335	308 E. 36 <sup>th</sup> Street, Garden City	<a href="http://www.learninglabinc.org">www.learninglabinc.org</a>
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- Program goal is to break the cycle of generational illiteracy, recognizing the parent as the child's first and most important teacher. Emphasize teaching as a family unit. Courses include early childhood/emergent literacy for zero to 6-year-old children, adult basic skills, Parent and Child Together (PACT) time and parenting skills instruction.

### **Life's Kitchen**

331-0199	1025 S. Capital, Boise	<a href="http://www.lifeskitchen.org">www.lifeskitchen.org</a>
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- Program focuses to transform the lives of young adults age 16 to 20yo by building self-sufficiency and independent living through job training and placement in the food services industry. The program lasts 18 weeks and includes culinary and life skill training.

### **Meridian Parks & Recreation**

888-3579	Meridian Community Center	<a href="http://www.cityofmeridian.org/activityguide">www.cityofmeridian.org/activityguide</a>
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- Multiple summer activities for school age children. Call for activities and hours offered.

### **Meridian School Services/Pre-School Screening**

855-4500 / 350-5122		
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### **PARENTS, The Anti-drug**

800-788-2800		<a href="http://www.TheAntiDrug.com">www.TheAntiDrug.com</a>
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- Tips on keeping your teen drug-free by educating yourself about your teen's world

### **Planned Parenthood**

376-9300	3668 N. Harbor Ln, Boise	<a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a>
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- Courses offered for pre-teens (9-12) *All About Puberty* understanding changing bodies, anatomy: male/female, preventing sexual abuse and harassment and learn to be an ask-able parent, teens *Sex and Responsibility* understanding reproduction and childbirth, abstinence planning, dating violence prevention, sexually transmitted infections and birth control methods.

### **Saint Luke's**

381-3033		<a href="http://www.stlukesonline.org">www.stlukesonline.org</a>
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### **Saint Alphonsus**

367-3455		<a href="http://www.saintalphonsus.org">www.saintalphonsus.org</a>
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- Car seats for needy families at a reduced rate.

### **Self-Reliance Program**

334-6700		1720 Westgate Dr., Suite A., Boise
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- Offers aid in the areas of child support; child care; health insurance; food stamp benefits; temporary cash assistance (requires drug testing); telephone service assistance; heating assistance; and earned income tax credit assistance.

### **UnBefuddled**

466-3900		1108 W Finch Dr, Nampa
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- An innovative service coordination agency to assist families in gaining full access to every resource that can make a positive difference for special needs children in our community as well as adults.

### **Workforce Investment Act, Idaho Department of Labor**

332-3575		219 W. Main St, Boise
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- Youth program provides education, training and employment opportunities for low-income youth, ages 14-21. Services are tailored to meet the specific needs of the individual. Transportation, childcare and guidance counseling also offered. Eligibility criteria include one of the following: deficient in basic literacy skills, high school drop out or at risk of dropping out, pregnant or parenting youth, foster child, demonstrated disability, homeless/runaway, offender or recently experienced a traumatic event.

### **YSchool Age**

Eagle 939-6735	Meridian 898-9982	Ustick /Boise 321-7559
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- Creative, fun activities, field trips and swimming @ the YMCA.

### **• CLOTHING ASSISTANCE:**

#### **Assistance League of Boise Thrift Shop**

377-4327	5825 Glenwood, Boise	<a href="http://www.boise.assistanceleague.org">www.boise.assistanceleague.org</a>
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- Reasonably priced used clothing and household items (shoes, books, linens, small furniture) sold. Operation School Bell provides school children with clothes and a coupon for free shoes. Contact child's school if you are aware of specific need.

#### **Idaho Youth Ranch**

Any Idaho Youth Ranch	<a href="http://www.youthranch.org">www.youthranch.org</a>
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- 343-2506 1417 S Main
- 378-8081 250 N. Orchard
- 433-1661 3840 Chinden
- 375-1242 1501 S. Five Mile Rd.
- 322-3610 10353 Fairview
- 853-1408 7054 West State St.
- Used furniture and clothing. Will deliver for small fee.
- Call ahead, adult brings the child, coat is provided if available.

#### **Deseret Industries**

375-4681	10740 Fairview, Boise	<a href="http://www.deseretindustries.org">www.deseretindustries.org</a>
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- Thrift store. New & used furniture, clothing for men, women (maternity, wedding, & prom), & children. Potential help via local LDS Bishop (Don't need to be LDS). Call to get Bishops name and phone number

#### **Dress for Success**

288-4405	2760 E. Fairview Avenue, Meridian	<a href="http://www.dressforsuccess.org">www.dressforsuccess.org</a>
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- *\*Please call to schedule an appointment*  
Program eligibility: Must need clothes for job interviews. This program provides interview appropriate suits to low-income women seeking employment which includes skirts, pantsuits, blouses, scarves, and handbags in excellent, ready to wear condition (laundered or dry-cleaned, pressed and on hangers).

### **Goodwill Industries**

321-9172 / 288-4397	1465 S Vinnell Way, Boise	<a href="http://www.goodwill.org">www.goodwill.org</a>
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- Thrift store offers used furniture and clothing for sale.

### **River of Life**

389-9840	575 S. 13th St, Boise
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- This program is for men only, serves 3 meals per day, free clothing. Women & children call warehouse @ 368-0824 (1417 W. Jefferson) once they have obtained voucher from City Light (women only).

### **Salvation Army Family Services**

343-3571	1617 N 24 <sup>th</sup> St, Boise	<a href="http://www.salvationarmytreasurevalley.org">www.salvationarmytreasurevalley.org</a>
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- \*Call or walk in for appointment
- Program eligibility: an application must be filled out each time a service is requested, and an ID is needed for each family member (Birth certificates, immunization records, Social Security cards, State ID, Driver's licenses). This program gives clothing vouchers, which are given with a specific dollar amount per size of family. Vouchers may be used and any Salvation Army store within one week and they are given once in any 60-day period.

### **St. Vincent de Paul**

853-4921/888-9101	6464 W. State Street, Boise/213 N. Meridian	<a href="http://www.svdpid.org/pages/thriftstores.php">www.svdpid.org/pages/thriftstores.php</a>
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- \*Ask cashier for appointment.
- Program eligibility: Social Security card is needed for each member of the family, a picture ID is needed, and a short interview must be conducted prior to giving out vouchers. This program provides clothing vouchers for in-store purchases only. The vouchers are good for 2 sets of clothing for each family member and must be used the same day as received.

### **Treasure Valley Council for Church and Social Action**

378-7774	(T.V.C.C.S.A.) 3000 Esquire Drive, Boise
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- \*Contact Program Manager
- Program eligibility: must fill out a short information sheet, Social Security cards, proof of ID, and proof of address (utility bill) is needed for each family member. This program assists in getting infants, children, women, and men's clothing (supplies are limited). **They can also assist in getting diapers.**

## **WCA Thrift Store-Women's and Children's Alliance**

343-3688 ext 27

720 Washington Street, Boise

- Program eligibility: WCA Thrift Store is open to the public. Women in the WCA shelter receive vouchers for clothing. Women in/leaving abusive relationships can ask for vouchers at the shelter. WCA sometimes accepts vouchers from other thrift stores, depending on demand.
- This program can assist in getting women's and children's clothing, some men's clothing, jewelry, shoes, books, and they accept donations during store hours.

## **COUNSELING GROUPS:**

### ***Children Groups:***

#### **Al-Anon /Alateen Family Services**

344-1661

[www.al-anon-idaho.org](http://www.al-anon-idaho.org) or <http://www.al-anon.alateen.org/>

- For children ages 10+ Al-Anon's primary purpose is to help families of alcoholics through group support. 24-hour information available.

#### **Kids Services**

375-5800

7950 W. King Street, Boise

[www.kidsservices.net](http://www.kidsservices.net)

- This program provides supervised visitation of children for a fee. Also provides a neutral location where parents can pick up and drop off children without having to interact directly with each other.

#### **Rebecca Hauder R.N., M.Ed.**

336-0200

1674 Hill Road, Suite 14, Boise

- Play Therapy Groups for Children Who Have Experienced Trauma. A parent meeting will follow the 1st, 6th and 11th sessions to explain the nature of play therapy, give progress reports and communicate final recommendations. Accepts Victim's Compensation, also offers individual counseling.

#### **SANE**

323-9600

408 N. Allumbaugh, Boise

- An outpatient treatment program for child sexual abuse victims, their families and sexual offenders. Primary goal of repairing trauma that sexual abuse has caused the victim, family and community. Services include: Victim Trauma Assessments, Group Therapy (young children/pre-adolescents/teenagers/adults molested as children), Individual Counseling and Family Therapy. Offender services offered at a different location.

### **Warm Springs Counseling Center**

343-7797	740 Warm Springs Ave, Boise
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- Therapy groups for children, including *Anger Management Group for Boys* @ ages 11-15. Currently establishing new groups. Accepts Victim's Compensation.

### **WCA (Women's and Children's Alliance):**

343-3688	720 West Washington Street (by Boise High school)
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- WCA Kid's group will address self-esteem issues, self-awareness, building healthy relationships and anger management for ages 7-12. Also offers an 8-week group for teens 13-16 years old from domestic violence families. Education on the cycle of violence, positive coping skills and healthy relationships. Pre-screening and notification required.

### ***Parent Groups:***

#### **ABC's Of Parenting**

367-7380	900 N. Liberty, Boise
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- Saint Alphonsus offering the following classes Newborn Care and Parenting, Baby and Me, Happiest Baby on the Block, Infant Massage, Baby Time and Ryme, Baby Signing, CPR for Parents, Taming the Toddler and Our Miraculous Bodies (puberty issues). Call for details.

#### **Counseling Services and Drug Education**

887-6063	1810 W. Pine Street, Meridian	<a href="http://www.meridianschools.org">www.meridianschools.org</a>
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- Parenting tools for healthy families, courses include Dependable Strengths; Loving Solutions; Red Flags; Meeting the Needs of Talented and Gifted Students, PAYADA, Love & Logic, Positive Parenting, ADHD/ADD Support Group for Parents and Parent Project

## **FACES Family Advocacy Center and Educational Services**

577-4403

417 S. 6<sup>th</sup> St., Boise

- **Elderly section:**
  - FACES Family Justice Center provides multiple services in one location for victims of Child Abuse, Domestic Violence, Elder Abuse, and Sexual Assault. We currently offer additional support services for Abuse Later in Life for age 50 and above. FACES is located at 417 S. 6<sup>th</sup> Street, Boise ID 83702. (208) 557-4403. [www.facesofadacounty.org](http://www.facesofadacounty.org) (FACES is on the corner of 6<sup>th</sup> and Myrtle, Free parking is located on the myrtle side enter into the alley, prior to 6<sup>th</sup> street)
- **Domestic Violence Section:**
  - FACES (Family Advocacy Center & Education Services) Family Justice Center houses the Community SAFE (Sexual Assault Forensic Examiner) partnering with St. Alphonsus and St. Luke's. FACES offers a safe and private setting where specially trained SAFE nurses provide: Patient-driven care in a safe, private and supportive environment, evidence collection, STD prevention, advocacy and support, a coordinated visit with healthcare, law enforcement and victim witness coordinators. FACES is located at 417 S. 6<sup>th</sup> street, Boise ID 83702. For questions or concerns please call 208-577-4403. [www.facesofadacounty.org](http://www.facesofadacounty.org)
- **Rape section:**
  - FACES Family Justice Center houses the Community SAFE (Sexual Assault Forensic Examiner) partnering with St. Alphonsus and St. Luke's. FACES offers a safe and private setting where specially trained SAFE nurses provide: Patient-driven care in a safe, private and supportive environment, evidence collection, STD prevention, advocacy and support, a coordinated visit with healthcare, law enforcement and victim witness coordinators. FACES is located at 417 S. 6<sup>th</sup> street, Boise ID 83702. The phone number is 208-577-4403. [www.facesofadacounty.org](http://www.facesofadacounty.org)
- **Update for Adult groups section:**
  - FACES (Family Advocacy Center & Education Services) Family Justice Center provides multiple support services in one location for child abuse, domestic violence, elder abuse, and sexual assault. FACES has several adult classes available at the Family Justice Center. There is an Empowerment group that is facilitated by a counselor; this is a separate class for females and males. The Safety planning class is provided at FACES by a Women and Children Alliance representative. There is also a Women's Self-Defense class available at FACES by Tuckie Shaver of the Boise Police Department. We currently have child watch available for these classes with prior arrangement. For questions or enrollment please call 577-4403.

## **The Landing, Family Education Programs**

939-4850	149 W. State St., Eagle	<a href="http://www.the-landing.org">www.the-landing.org</a>
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- These programs provide various educational opportunities to instill wholeness and balance in each family member. The events are designed to provide individuals opportunities to become more accomplished in the varied skills required to create harmonious systems that are collaborative and fun. Some classes offered *How Can I Get My Kid to Talk to Me?*, *An Introduction to Compassionate, Nonviolent Communication*, *Positive Discipline in the Christian Home*, *Positive Discipline class for Parents & Providers with Children of All Ages*, and *Positive Discipline in the Classroom*. Call for schedule. Also offers individual parenting coaching, *Granny 911*.

## **Non-offending Parents of Child Victim**

381-4933	St. Luke's CARES Program
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- A 6-week course discussing the dynamics of sexual abuse, developmental stages from infancy through adolescence, the impact of trauma on both parent and child (signs and symptoms), profile of sex offenders how they think and behave, from trauma to recovery, care for the caregiver your own needs as a parent.

## **Parent Education**

854-4103	Boise School District 8169 W. Victory	<a href="http://www.boiseschools.org">www.boiseschools.org</a>
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- This program is through the Boise Schools. Classes are offered in the Fall and Spring in areas such as Positive Discipline; Parenting Young Children; Parenting Children w/ADHD; Strengthening Your Stepfamily; Workshop for Parents of Gifted Kids; Help for the Frazzled Parent; Parenting for the Single Parent; Solution Focused Parenting; Parenting Teens; Raising Responsible Children; Substance Abuse and At-Risk Behaviors and the Parent Project for parents w/strong-willed and out-of-control adolescents.

## **Parent Education, Meridian**

350-4000 ext. 1012	1303 E. Central Dr Meridian	<a href="http://www.meridianschools.org">www.meridianschools.org</a>
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- This program is through Meridian Schools. Classes are offered in areas such as Love and Logic, Bully Prevention, Payada, Parenting Project, Strengthening Families, and Real Parenting.

## **The Parent Project & Teen Component**

570-6404	7180 Barrister Dr., Boise	<a href="http://www.drugfreeidaho.org">www.drugfreeidaho.org</a>
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- Highly structured parenting skills program created to help parents prevent and intervene in the most destructive of adolescent behaviors. Meets specific needs of parents with strong-willed or out-of-control children. The Ateen component@ is being held in conjunction with the Aparent project, where teens will work together to process behavior, communication and other issues affecting the family. Ages 12 to 18 are encouraged to attend.

### **Stepfamily Association of Idaho**

322-2908	5460 Franklin Rd Suite F., Boise	<a href="http://www.stepfam.org">www.stepfam.org</a>
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- Providing education and support for parents, stepparents, and children. An 8-step success program, newsletters, and local chapters and support groups all provide education and support to stepfamilies.

### ***Adult Groups:***

#### **Al-Anon Family Groups**

344-1661		<a href="http://www.al-anon-idaho.org">www.al-anon-idaho.org</a>
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- Al-Anon's primary purpose is to help families of alcoholics through group support. 24-hour information available.

#### **All Together Now, Inc**

336-4504	1111 S Orchard, Suite 650, Boise	<a href="http://www.alltogether-now.com">www.alltogether-now.com</a>
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- This is a private care management agency for elderly and adults with disabilities. They are experts in navigating medical, mental health and government systems as well as locating, coordinating and monitoring services.

#### **Center for Hope & Healing**

343-0441	660 E. Franklin Rd, Meridian Ste 260	<a href="http://www.kevinrhinehart.com">www.kevinrhinehart.com</a>
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- Offer a variety of therapy groups. Call to find out what groups are currently being offered.

#### **Community Partnerships of Idaho**

376-4999	3076 N. Five Mile Rd, Boise	<a href="http://www.cp-of-idaho.com">www.cp-of-idaho.com</a>
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- Support groups for men, women and children include addictions, eating disorders, body image, divorce, grief recovery, women's issues and trauma. Workshops include anger management, stress management, self-care, parenting issues, boundaries, depression, phobias, self-esteem and body image. This program offers home and community based services to children, teens and adults with developmental disabilities. Services and support includes developmental therapy, employment and mental health services, residential habilitation, intensive behavioral intervention, recreational programs, workshops and conferences. Also offers individual counseling. Services based on a subsidized fee scale, with a first time free consultation.

### **Community Support Center**

429-0330	716 N. Orchard, Boise	<a href="http://www.community-support-center.com">www.community-support-center.com</a>
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- Day treatment age 18 & up. Group therapy, dual-diagnosis, skill building, symptom Management. Medicaid accepted. Will also accept non-Medicaid as long as diagnosed with a mental illness.

### **Pennie McKay L.C.P.C.**

345-1552 (V/TTY)	1674 Hill Rd STE 7, Boise
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- Facilitates groups for *Adults Molested as Children*(AMAC), *Terminating Trauma, You Know What I Mean* communication skills and *Parents AMAC* who have children that have been sexually abused. Also offers individual counseling and counseling for the hearing impaired.

### **Oyler & Associates**

364-8400	894 E. Boise Ave, Boise
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- Making Relationships Work  
This is a skilled training program designed to help you learn how to improve the quality of your relationships, especially your marriage. It is a constructive, positive, educational approach based on scientific finding from top research programs from across the country. A free Basic Relationship Training class is offered several times each month, followed by the 12 session training program. Call to find out about available times and registration.  
*\*\* If there is physical violence in your relationship, the above training is not recommended. Your first consideration must be physical safety. Violence is not fundamentally a relationship problem; it is a legal problem involving danger and should be treated as such. The steps you should take are to first, physically leave the situation; second, find a safe place; and third, call the police if you need further assistance to assure safety. Special interventions are needed for domestic violence.*

### **Pathways Counseling**

376-7375	5333 W. Franklin Rd. Suite A., Boise
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Providing counseling groups in the following areas:

- Domestic Violence
- Domestic Violence Issues for women
- Anger Management
- Cognitive Self Change
- Relapse Prevention
- Alcohol/Drug Education
- Evaluations (Anger, Domestic Violence, Substance abuse)
- Thinking errors

**Rebecca Hauder R.N., M.Ed.**

376-7375	5333 W. Franklin Rd. Suite A., Boise
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- A support group for Adults with Symptoms of Post-Traumatic Stress Disorder.

**Safe Place Ministries**

323-2169	723 N. Mitchell St., Boise
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- The goal of promoting safe places for women and their families to heal and grow. Services are available to all in need regardless of ability to pay. Specializing in growth and recovery from a Christian perspective. Monday – Friday, 9 a.m.- 4 p.m.

**St. Alphonsus Behavioral Health Outpatient**

367-6500	131 N. Allumbaugh, Boise
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- Therapy for children & adults, groups, medication management via psychiatrist, sliding fee. Inpatient for children under 12. Medicaid. Also provide adults services.

**St. Luke’s Grief Education**

381-1200
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**Tom Wilson’s Counseling Services**

368-9909
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- Provides counseling services for the following issues: anger management, men’s domestic violence, alcohol and substance abuse and cognitive self-change.

**WCA (Women’s & Children’s Alliance):**

343-3688	720 West Washington Street, Boise
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- Rap group (domestic violence women’s support group) is held on Wednesdays from. The first time you attend Rap you must also attend the Rap Orientation. Childcare is available for those attending the group (free childcare). If you plan on using the childcare service, you must call 343-3688 ext. 17 no later than Tuesday at noon to reserve a childcare space.

**The Women’s Center**

426-4259	On BSU Campus, Boise
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- This program has a lending library, a single parents club, returning women’s luncheons, and educational sessions (free lunch). Provides a place to relax, network and find support. Some program benefits may only be offered to students call to inquire further. Sexual Assault Crisis Line 426-2624 (for students)

## ***Grief & Loss:***

### **Alden-Waggoner**

376-5400	5400 Fairview Ave., Boise
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- Grief resource library includes books, pamphlets, and videotapes. Grief support group meets monthly and is open to all. Call for current schedule and to be put on mailing list for specific group information, topics and dates.

### **Four Rivers Hospice**

367-7343	7941 W. Rifleman St., Boise
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- Open to all. Call for a current schedule. Grief support groups offered in Boise and Caldwell.

### **Heart 'n Home Hospice**

452-2663	1100 N.W. 12 <sup>th</sup> , Fruitland	<a href="http://www.gohospice.com">www.gohospice.com</a>
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- Group classes on Wednesday in Fruitland.

### **Horizon Home Health & Hospice**

884-5051	900 N. Linder, Meridian	<a href="http://www.horizonhh.com">www.horizonhh.com</a>
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- Offers assistance with home healthcare and hospice. Services include personal care, light housekeeping and companionship for clients in the comfort of their own home. Offers grief support and education groups. An initial meeting is set to determine needs and desires at no cost.

### **Legacy Hospice**

895-8686	680 S. Progress Ave., Suite 2A, Meridian
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- Open group meets in Meridian.

### **Life's Doors Bereavement Groups**

344-6500	420 S Orchard Ave., Boise	<a href="http://www.lifesdoors.com">www.lifesdoors.com</a>
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- Offers both adult's and children's support groups, *Living Through Grief* an educational group, *Widow's Group* support and coping techniques for women of all ages who have recently lost a spouse, *Widower's Group* same as widow's group but for men, *Kid's Grieve Too* time limited format to address children's grief issues.

### **St. Alphonsus Hospice**

463-5220	1512 12 <sup>th</sup> Ave, Nampa
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- 8-week sessions in Nampa.

### **Judy Barker-Frederick R.N.M.A**

869-7128	6010 Overland Rd, Boise
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- Providing group grief counseling following a traumatic event. Group sessions run with a two-hour minimum. Also offers individual counseling. Not covered by most insurance companies.

## **Mothers Against Drunk Drivers (MADD)**

853-3700 and 1-800-680-6233	5501 Kendall, Boise	<a href="http://www.madd.org">www.madd.org</a>
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## **Mountain States Tumor Institute**

463-6009 or 1-800-553-6415	<a href="http://www.stlukesonline.org">www.stlukesonline.org</a>
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- A support group for people coping with loss. Includes education about the grief process and related topics. Offers an 8-week support group sessions twice a year (spring and fall) in Nampa. Call for date, time, and location.

## **St. Luke's Spiritual Care**

381-2721
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- Offers a monthly grief education session in Boise. Call for information.

## **Summers Funeral Home**

343-6493/898-0642	1205 W. Bannock St., Boise	<a href="http://www.summersfuneralhome.com">www.summersfuneralhome.com</a>
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- Offers a 10-week grief recovery outreach program at their Ustick chapel. Call for details.

## **Survivors of Suicide**

343-7511	Cathedral of the Rockies/717 N. 11th Street, Boise
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- A support group for families and friends who have survived a loved one who has completed suicide. Group meets once a month

## **XL Hospice**

465-7121	1717 N. Crestmont, Meridian	<a href="http://www.xlhospice.com">www.xlhospice.com</a>
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- Call for Boise/ Nampa/ Caldwell areas. Call 642-9222 for Payette/ Ontario areas.

## ***Groups for Children***

### **Camp Erin**

275-0000	Life's Doors, 420 South Orchard, Boise
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- Camp Erin is a weekend, overnight camp for children who have lost a loved one. It is a traditional, fun, high-energy camp combined with grief education and emotional support. This camp is open to all children ages 6 to 17 who have lost a loved one. The camp is free.

### **Touchstone Center**

343-7797	740 Warm Springs Ave, Boise
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- Support group for grieving children and adolescents ages 6 to 18, who have experienced a death of a close family member or friend. A separate adult group is held for parents/guardians of the children attending. Touchstone.org

## *Groups for Parents*

### **Compassionate Friends**

343-6553	St Luke's, Meridian	<a href="http://www.compassionatefriends.com">www.compassionatefriends.com</a>
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- To assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive. No religious affiliation, membership dues or fees. The group meets the 2<sup>nd</sup> Thursday of the month at St. Luke's.

### **Parents of SHARE**

381-3033	St. Luke's Women's Life	103 W. State St., Boise
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- A support group for parents who have lost their baby through miscarriage, stillbirth or early infant death. The group meets every third Monday of the month at St. Luke's Women's Life Center (near St. Luke's Medical Center).

## **Crisis Hotlines:**

### **American Red Cross**

947-4357	146 S. Cole, Boise	<a href="http://www.redcrossidaho.org">www.redcrossidaho.org</a>
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- Offers family disaster and emergency assistance.

## *Domestic Violence:*

### **Id Council on Domestic Violence & Victim Assistance**

334-6512 & 1-800-291-0463	450 W. State St.	<a href="http://www2.state.id.us/crimevictim/">http://www2.state.id.us/crimevictim/</a>
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- The Council's mission is to fund programs that serve victims of crime, and to help victims through legislation, advocacy, training, and public awareness.

<b>Idaho Hotline</b>	1-800-669-3176
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<b>National Hotline</b>	1-800-799-7233
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<b>Valley Crisis</b>	465-5011
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<b>WCA</b>	343-7025
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<b>Violence Awareness &amp; Response Coordinator</b>	426-4259
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- Services targeted to victims and support persons; all gender welcome. On a case-by-case basis. Located in the BSU Women's Center.

***Rape:***

<b><u>BSU Sexual Assault</u></b>	426-2624
<b><u>Valley Crisis</u></b>	465-5011
<b><u>WCA</u></b>	345-7273

***Substance Abuse:***

<b><u>Al-Anon</u></b>	344-1661
<b><u>Al-Ateen</u></b>	1-888-425-2666
<b><u>Alcohol &amp; Drug information help</u></b>	1-800-729-6686
<b><u>Alcoholics Anonymous</u></b>	344-6611
<b><u>Birthright of Boise</u></b>	1-800-550-4900 & 342-1898
<b><u>Call St. Luke's</u></b>	381-1200
<b><u>Narcotics Anonymous</u></b>	338-4880
<b><u>RADAR (alcohol/drug resource center)</u></b>	426-3471

***Suicide:***

<b><u>Idaho Prevention</u></b>	1-800-273-8255
<b><u>Health &amp; Welfare</u></b>	334-0808 7 1-800-600-6474
<b><u>National Suicide Hotline</u></b>	1-800-784-2433 & 1-800-273-8255

**The Trevor Project**

866-4-U-TREVOR	<a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a>
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- The Trevor Project focuses on crisis and suicide prevention efforts among lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth.

***Youth:***

<b><u>Boys &amp; Girls Town National Hotline</u></b>	tty 800-448-1833 & 1-800-4483000
<b><u>Jason Foundation</u></b>	1-877-778-2275 & 1-800-784-2433
<b><u>Hays Shelter Home</u></b>	1-877-805-2308 /322-2308 /1-800-622-4357
<b><u>National Center for Missing &amp; Exploited Children</u></b>	1-800-843-5678
<b><u>National Runaway &amp; Child Abuse Hotline</u></b>	1-800-621-4000 / 1-800-543-7283 / 1-800-448-4663

***Elderly:***

**Idaho Commission on Aging**

334-3833	3380 Americana Terrace, Ste.120, Boise	<a href="http://www.idahoaging.com">www.idahoaging.com</a>
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**Idaho State Ombudsman for the Elderly**

1-800-859-0324		<a href="http://www.ltombudsman.org/">http://www.ltombudsman.org/</a>
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**Sage Community Resources**

322-7033 x 239 or x 213	125 E. 50 <sup>th</sup> Street Garden City
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**Agency on Aging/Stand by You program**

1-800-859-0321 xt 231	On BSU Campus, Boise
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- This program is a collaborative partnership of services offering hope and help to individuals with Alzheimer’s disease or dementia, your caregivers and families as you face complex issues. A complete network of services is available at no charge, providing information and assistance, counseling and education, training and respite services for caregivers desiring temporary relief.

## EDUCATION:

### **Boise State Center for New Directions**

426-1568	1464 University Dr. #111, Boise	<a href="http://www.boisestate.edu/socwork">www.boisestate.edu/socwork</a>
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- Selland College of Applied Technology. Career counseling, back-to-college help, classes on financial aid, career planning, & self-esteem. Can't serve married people.

### **Boise State University Women's Center**

426-4259	1910 University Dr Boise	<a href="http://womenscenter.boisestate.edu">http://womenscenter.boisestate.edu</a>
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- Promotes social change and empowers students to achieve their goals by providing educational programs, support services, and a safe place where we challenge oppressive and unfair practices that limit a person's potential.

### **Expanded Food & Nutrition Education Program**

376-1036		<a href="http://www.extension.uidaho.edu">www.extension.uidaho.edu</a>
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- An educational program designed for families with children and pregnant individuals with qualifying income. They will also serve people whose kids have been removed from their homes or grandparents taking care of kids. Recipients must be at 180% of poverty programs. Also provide practical nutrition & food buying classes. Also located in Canyon and Elmore counties. Bilingual staff available.

### **Family Advocate Program - Families First**

345-3344 ext 3256	3010 W. State Street, Boise	<a href="http://www.familyadvocates.org">www.familyadvocates.org</a>
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- Free parent education & support, home visits & groups, budgeting and household organizing, serves families and children ages 0-12.

### **Federal Financial Aid**

(Contact University or Tech School Financial Aid Office)

<b>Boise State University</b>	426-1664	<a href="http://www.boisestate.edu">www.boisestate.edu</a>
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<b>ITT Technical Institute</b>	322-8844	<a href="http://www.itt-tech.edu">www.itt-tech.edu</a>
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<b>Northwest Nazarene</b>	467-8347	<a href="http://www.nnu.edu">www.nnu.edu</a>
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<b>Albertsons College of Idaho</b>	459-5308	<a href="http://www.collegeofidaho.edu">www.collegeofidaho.edu</a>
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<b>Institute of Health Technology:</b>	377-8080	
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<b>CWI</b>	562.3000	<a href="http://www.cwidaho.cc">www.cwidaho.cc</a>
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Types of Federal Financial Aid:

- Pell Grants: do not have to repay
- Subsidized Federal Direct Loan: Government paid interest on loan while student is in school.
- Unsubsidized Federal Direct Loan: Student is responsible for paying loan and interest that has accrued.

It is recommended to apply in January for financial assistance that will be needed for the following fall academic term.

**Financial Aid**

- Perkins Loans are distributed through the University or learning Institute. Interest rate is 5%. These loans may include eligibility to have loan forgiven for people going into certain fields (law enforcement, teaching, nursing, etc). Check into loan forgiveness to see if the field you will be working in qualifies. Need Based Scholarships: University or learning Institute should have a list of scholarships that are available based on a variety of criteria other than academic achievement. Academic Scholarships: Awarded based on excellent academic performance.

**Idaho Parent Education United, Inc.**

342-5884	500 S. 8 <sup>th</sup> Street, Boise	<a href="http://www.ipulidaho.org">www.ipulidaho.org</a>
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- Statewide organization founded to provide support, information and technical assistance, regional workshops and written materials for parents of children with disabilities.

**Learning Lab**

344-1335	308 E. 36 <sup>th</sup> St., Garden City	<a href="http://www.learninglabinc.org">www.learninglabinc.org</a>
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- A nonprofit organization with a mission to provide individualized educational programs to help people improve their ability to use printed, numerical and written information so they may successfully function on the job, in the family and in society. Daytime and evening classes are offered in Adult Basic Skills, English as a second language and preschoolers and parents.

**Life’s Kitchen**

331-0199	1025 S. Capital Blvd., Boise	<a href="http://www.lifeskitchen.org">www.lifeskitchen.org</a>
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- Program focuses to transform the lives of young adults age 16 to 20yo by building self-sufficiency and independent living through job training and placement in the food services industry. The program lasts 18 weeks and includes culinary and life skill training.

## **National Student Nurses' Association, Inc.**

325 W. State Street	<a href="http://www.idahostudentnurses.org">www.idahostudentnurses.org</a>
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- Students interested in finding out more about nursing school should start by visiting [www.nсна.org](http://www.nсна.org) and clicking on the Career Center. This web site offers links to nursing schools on line. Nursing school requires a high school diploma and a sound academic standing in high school English, algebra, chemistry, biology and psychology. Leadership and organizational skills are equally important. Additional information located at the State Library.

## **A New Leaf, Inc.**

939-3888	2428 N. Stokesberry Place, Meridian	<a href="http://www.ANEWLEAF.info">www.ANEWLEAF.info</a>
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- This program offers tutoring intervention, home schooling enhancement, special education enrichment, educational workshops and parent night out. Areas of specialization include: Aspergers/sensory integration, ADD/ADHD, learning disabilities, communication/language disorders and developmental delays.

## **YMCA**

Downtown: 1050 W. State 344-5501	West Boise: 5959 N. Discover Pl. 377-9622
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- Individuals and families may apply for financial assistance for membership. Also have 21 childcare sites throughout the Treasure Valley serving kids ages 0-school age. Call 377-7886 Ext. 414 for more information about financial aid and childcare.

## **EMPLOYMENT:**

### **Center for New Directions**

426-1431	Boise State University	<a href="http://www.boisestate.edu/socwork">www.boisestate.edu/socwork</a>
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- The Center serves single parents, displaced homemakers and individuals in transition. People can attend workshops to gain information on a variety of topics or take advantage of in-depth career counseling services. Learn about information interviews, today's resume expectations, the hidden job market and other current job search techniques.

### **Centennial Job Corps Center**

375-9414	3201 Ridgcrest Dr., Nampa	<a href="http://centennial.jobcorps.gov/">http://centennial.jobcorps.gov/</a>
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- Offers qualifying young adults age 16 to 25 years of age, vocational and academic training in a supportive and safe environment, completely free of charge. It is a full-time, year-round program providing a wide array of skills training, education and support services including housing, meals, medical care and counseling.

## **Labor Ready Temporary Service**

331-3606	1088 N. Orchard, Boise
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- Temporary work possibly available. Application & safety class prior to first day of work (may start that day). Paid at day's end at office, arrive early as they match each person to various jobs and bring 2 ID's such as state photo ID, SSN card, passport, or certified copy/original birth certificate.

## **Personnel Plus**

378-8700	5900 Overland Rd, Boise	<a href="http://www.personnelinc.com">www.personnelinc.com</a>
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- Provide temporary and permanent employees to the areas employers. Assignments may be short-term or long-term and the opportunity may be presented to convert to full-time employment with the client company.

## **Pro People Staffing Services**

345-5747	10148 W. Emerald #100, Boise	<a href="http://www.propeoplestaffing.com">www.propeoplestaffing.com</a>
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- Temporary employment. Call for times that applications are being taken. Need 1-2 hours for application. Dress nicely for interview process. Free training and skills testing.

## **SOS Staffing**

327-1000	8708 Fairview, Boise	<a href="http://www.sosstaffing.com">www.sosstaffing.com</a>
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- Clerical, skilled trades, and labor work available. Temp-to-hire based on work and pay averages.

## **Vocational Rehab**

334-3650 or 327-7411	650 W. State St, Rm 150, Boise	<a href="http://www.vr.idaho.gov">www.vr.idaho.gov</a>
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- Focuses on merging employer demands for strong work skills with the work goals of individuals with physical and mental disabilities. An assigned counselor will work with you to identify your abilities, limitations, interests, needs, transferable and other special work skills and employment alternatives.

## **Workforce Investment Act**

332-3575	219 W. Main St, Boise
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- Youth program provides education, training and employment opportunities for low-income youth, ages 14-21. Services are tailored to meet the specific needs of the individual. Transportation, childcare and guidance counseling also offered. Eligibility criteria include one of the following: deficient in basic literacy skills, high school drop out or at risk of dropping out, pregnant or parenting youth, foster child, demonstrated disability, homeless/runaway, offender or recently experienced a traumatic event.

## FINANCIAL AID:

### Ada County Indigent Services

287-7960	252 E. Front Suite 199 (East of Courthouse) Boise	<a href="http://www.adaweb.net">www.adaweb.net</a>
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- Medications-fill out application, call for appt. need current written prescriptions; may take 2+ days to fill. Success based on income and expense of prescription. Medical Assistance up to six months of assistance. Primarily for emergencies. Need to apply within 30 days of procedures. Rental and Utility Assistance one time rental assistance. Recipient needs to go to the office and fill out application. After application is completed he/she will need to make appointment with service worker.

### Boise Legacy Constructors

424-7622	102 S 17 <sup>th</sup> St Suite 200, Boise	
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- This program provides *one time* funding based on applicant's eligibility. Applications are available through your Victim-Witness Coordinator. After completion of the income and expenses statement if the applicant shows a deficit (not enough money to pay expenses) they may be eligible for funding (to meet their expenses) if they comply with the programs policies and instructions. Additional consideration is given to applicants who incurred hardship through no fault of their own or who have shown substantial progress over a period of time in improving their situation and charting a positive path for their future. This Foundation is unable to duplicate services that are available elsewhere within the community. The Foundation is unable to provide assistance for tuition, income taxes, fines, restitution, legal fees, child support obligations, business start-up, etc.

### Consumer Credit Counseling Solutions

345-2179	619 W. Bannock, Boise
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- Must have available income after household expenses are paid in order to meet debt payments. No fee for initial counseling, set up (including educational materials) & monthly fee if service is used. Provide help with debt management, bankruptcy and housing

### Crime Victim's Compensation

334-6080	700 S. Clearwater Ln, Boise
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- This program, can if applicant is eligible (found to be a victim of a crime), provide funding for medical and counseling expenses, wage loss and funeral expenses. These expenses must be a direct result of a crime reported to law enforcement officials within 72 hours of the incident unless good cause is found for delay to report. \*\*The victim's own misconduct must not have caused or contributed to the injury. Victim-Witness Coordinator will have applications available.

### **Debt Reduction Services, Inc.**

378-0200	6213 N. Cloverdale Rd STE 100, Boise
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- First visit free, fee for program start up, then monthly minimal sliding scale fee while in program (10.5% of payment for administrative fee w/maximum \$50.00 per month). Assist with budget planning, unsecured debt (credit cards) and notification of classes. Completion of on-line classes may result in a refund of the enrollment fee.

### **Health & Welfare Benefit Customer Service**

334-6700	4355 Emerald St.
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### **Idaho CareLine**

1-800-926-2588	<a href="http://www.idahocareline.org">www.idahocareline.org</a>
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- Bi-lingual service available to link Idahoans with health or human service providers and programs. MST 800-926-2588.
- Utility & Rental Assistance
- 3,000+ resources

### **Health & Welfare Benefit Customer Service Center**

334-6700	1720 Westgate Dr., Suite A., Boise
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- This program is specifically designed for working families. Offers aid in the areas of child support; child care; health insurance; food stamp benefits; temporary cash assistance (requires drug testing); telephone service assistance; heating assistance; and earned income tax credit assistance.

### **Society of St. Vincent de Paul**

331-2208
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- Program offers assistance with rent, utilities or other overwhelming bills. Program requires a home visit; leave a message at the above number, call should be returned in 24 to 48 hours.

## **FOOD RESOURCES:**

### **El-Ada (Elmore and Ada County)**

377-0700	Garden City office: 701 East 44 <sup>th</sup> Street / Boise office: 1191 Grand Avenue
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- They distribute commodities to those who qualify. Commodities month to month, so call ahead to see what is being distributed what the distribution date will be that month. Distribution days vary, but are generally during the first week of each month. Contact agency for appropriate guidelines. El-Ada also operates a food pantry from both the Garden City and Boise offices. The Garden City pantry serves both small and large size families. The Boise pantry serves families with one to three members. An individual or family can only access the pantry once every 60 days. The food box contains 2-4 days worth of food.

## **Expanded Food and Nutrition Education Program (EFNEP)**

376-1036	5880 Glenwood, Boise
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- An educational program designed for families and individuals with qualifying income. Offering the how to's of money management, saving money shopping and feeding your children. The information exchange can take place in a residence, local church, library or the extension office, in groups or one on one.

## **Idaho State Health and Welfare: (Food Stamps Program)**

334-6700	1720 Westgate Drive, Boise
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- If you qualify for expedited food stamps, they can usually be received within 7 days after application is received. If you don't qualify for expedited, it may take up to 30 days.

## **Idaho Community Action Network**

385-9146	3450 Hill Road, Boise	<a href="http://www.idahocan.org">www.idahocan.org</a>
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- In 1998 the Idaho Hunger Council and the Idaho Citizens Network combined to create the Idaho Community Action Network. They have low cost food programs and provide social and economic justice for all. Call for application.

## **Idaho Foodbank Warehouse:**

336-9643	<a href="http://www.idahofoodbank.org">www.idahofoodbank.org</a>
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- Referrals to food pantries.

## ***Local Churches***

### **Calvary Chapel of Boise -**

321-7440	123 Auto Dr., Boise	<a href="http://www.ccboise.org">www.ccboise.org</a>
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### **Community Christian Center -**

375-3921 xt 19	202 E 42 <sup>nd</sup> , Garden City
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### **Community Ministries -**

378-7774	300 Esquire Dr, Boise
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### **Grace Chapel -**

375-5515	8650 W. Fairview Dr., Boise
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### **Whitney United Methodist -**

343-2892	3315 Overland, Boise
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**Holy Apostles -**

888-1182	6300 N. Meridian Rd.
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**Holy Nativity Church Commodities**

888-4342	1021 W. 8 <sup>th</sup> St., Boise
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**Northview Family Worship Center**

375-1328	7540 North view, Boise (look for the domes)
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- Provide food, clothing, bicycles, computers and employment opportunities Identification necessary for members of household receiving aid at 1st visit

**Sacred Heart**

344-8311	811 S. Latah, Boise
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- Valley Ride public bus accessible

**St. John's Cathedral**

342-3511	804 N. 9 <sup>th</sup> St. Boise
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**St. Mark's Crisis Action**

327-0345	7503 Northview, Boise
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**St. Mary's Food Bank**

344-2597	2945 Chinden Blvd., Boise
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- Food Bank Attendant #850-6818 Food boxes and frozen foods. Use every 30 days.

**St. Vincent de Paul**

888-2660/331-2208	Meridian/Eagle/Star/Boise
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**Treasure Valley Church of God**

362-7201	6250 S. Cloverdale, Boise
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**University Christian Church**

343-5461	1801 University, Boise
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### **The Vineyard**

377-1477	4950 N. Bradley, Garden City
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- Provides box of groceries.

### **Operation Love**

375-3226	11820 Fairview, Boise (across from Cloverdale Cemetery)
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- They will require identification upon arrival and then assist with nutritional needs.

### **Salvation Army Family Services**

343-3571	1617 N. 24 <sup>th</sup> Street, Boise
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- Food Boxes are available every 30 days.

### **WIC: (Women & Infant Care, CDHD)**

327-7488	707 West Armstrong, Boise (off of Emerald)
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- Nutrition supplement program serving children under age five, pregnant women, postpartum women who are not nursing (qualify until baby is 6 months old) and nursing mothers (qualify until the baby is one year old). Apply for program at Central District Health Department. Program provides items such as dairy products, cereals, formula, peanut butter, etc.. Program includes educational classes. Call ahead for appointment at either of the two locations in the Boise area.

## **FREE MEALS**

### **River of Life**

389-9840	575 S. 13th
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- Serve Breakfast, lunch and dinner for men

### **Christian United First Methodist**

343-7511	11 <sup>th</sup> and Hays ( enter on 12 <sup>th</sup> street)
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### **First Presbyterian Church**

345-3441	9650 W. State St., Boise
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- Call to find out location because various church locations are used (6 p.m.).

### **Saints Episcopal Church**

344-2537	704 S. Latah
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## Housing Assistance & Shelters:

### Ada County Indigent Services

287-7960	252 E. Front Suite 199 (East of Courthouse)
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- This is not the State Health and Welfare program. This is a separate program for Ada County. This program can assist with rental assistance if you qualify. Eligibility is determined on a case-by-case basis. To apply you need to go to the above address and pick up an application. Then you will need to call and schedule an appointment (bring your completed application to the appointment).

### Boise City/Ada County Housing Authority

345-4907	1276 W. River St STE 300, Boise
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- This program offers a Section 8 voucher that assists applicants with a portion of their monthly rental payments. Amount you pay depends on your adjusted gross income. They also offer a rent to own program. Also available are housing complexes for individuals who are handicapped, elderly or disabled. Rent for these complexes is also based on individuals adjusted gross income (gross income refers to income before taxes are taken out). To see if you qualify for this program you must fill out an eligibility application. After your application is approved, you will be placed on a waiting list if assistance is not immediately available. It may

### Boise Valley Habitat for Humanity

331-2916
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- Builds houses for Boise Valley families in need of affordable, modest homes. Modest no-interest mortgages are the result of building houses with gifts and volunteer labor.

### Boise Rescue Mission

343-2389	575 River Street, Boise
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- This is a shelter that serves men only. Minimum age is 18 unless the male child is accompanied by male parent or guardian. After the first five days of overnight stay, person will be required to do tasks (wash dishes, etc..) to earn a bed ticket. There is no limit to how many days an individual can stay if earning bed tickets. Breakfast and dinner is provided M-F. Showers are required and are available. There is no fee for services, but attendance at the church service is required (8:00 p.m.) for overnight stays and for dinner. Individual must show valid ID and social security information. A variety of counseling services are available, including job counseling, alcohol and drug counseling, etc.

## **Salvation Army**

343-3571	4308 W. State Street Boise
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## **Chrysalis**

424-1323	2501 W. State St., Boise	<a href="http://www.chrysaliswomenidaho.org">www.chrysaliswomenidaho.org</a>
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- Christian based, transition living for women coming out of incarceration and homelessness. Program offers life recovery skills, case management, spiritual growth and education.

## **Corpus Christi House (Day Shelter)**

426-0045	525 Americana Blvd.
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- Not open on Sundays. Give homeless individuals an opportunity to use washers and dryers, showers, some clothing, computers and phones available. Individuals can receive phone messages from potential employers at this location.

## **Boise City Housing and Community Development**

284-4158	1025 S. Capital.
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- Have subsidized housing studios, 1 & 2 bedroom units, several larger units available. 1st come 1st serve; application fee.

## **City Light Home for Women and Children**

368-9901	1404 W. Jefferson Boise	<a href="http://www.boiserescuemission.org">www.boiserescuemission.org</a>
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- This is a one-year lifestyle recovery program for women ages 18 and older and their children who are ages 7 and under. If the woman has children ages 8 and older, other living arrangements will need to be made for the older children while the mother is living at City Light and participating in the program. For more detailed program information, and information on qualification criteria.

## **Downtown**

344-5501 / 377-9622	West Boise 5959 N. Discovery Pl.
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- Showers for fee available. Individuals and families may apply for financial assistance for membership.

## **Emergency Rental Assistance**

383-9486	1020 S. Capitol Blvd, Boise
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- You must be an Ada County resident. You need to meet very low to moderate-income guidelines and demonstrate a history of housing stability. The resident must have 3 day pay or quit notice or notice of mortgage default and must participate in a case management plan. Assistance is paid directly to the landlord. Home visits are required. Other grant guidelines may apply.

## **Fair Housing**

345-0106

310 N. 5<sup>th</sup>, Boise

- Investigating cases of discrimination in housing, rental and sales. Discrimination based on status of race, color, religion, sex, handicapped, national origin and familial status. Allegations investigated are based on falsely denying housing availability, discriminatory advertising and financial brokering.

## **Hays House (Children's Emergency Shelter)**

322-6687 Crisis Line 322-2308

7221 W. Poplar Boise

[www.idahoyouthranch.org](http://www.idahoyouthranch.org)

- This program assists children ages nine through seventeen and provides shelter, individual counseling and family counseling and mediation. This is a transitional home and is not intended for long-term residence or foster care. The confidentiality policy is adhered to. Fee depends on program, and nobody will be turned away due to inability to pay. Children can be placed in this program in the following ways:

by parent or guardian

\*by the Department of Health and Welfare

\*by law enforcement if the child is found to be in imminent danger

\*by the child if child calls the crisis hotline and reports a need for safe shelter

Placement 24 hours a day/7 days a week. Program looking to broaden services to individual families attempting to address issues of out of control teens and children prone to runaway.

## **Homeward Bound (Boise Neighborhood Housing)**

343-4065

416 South 8<sup>th</sup> Street Suite 101, Boise

- This is a two year transitional housing program that serves homeless and at risk families. Participating families must have a Section 8 Certificate to qualify (see Boise City Housing). The family must have a parent who is in school, a training program or is looking for employment. Homeward Bound also offers parenting, budgeting, nutrition and home maintenance classes. Counseling services are also available to participants. Case management varies due to individual circumstances. Rental units are located in various locations throughout the Boise area and include duplexes and houses.

## **Hopes Door**

459-6279

[www.hopesdoorinc.org](http://www.hopesdoorinc.org)

- Women and their children can stay at Hopes Door up to 90 days. They offer life skills classes, a support group, parenting classes, a safety planning class and children's group to address the needs of the children who witness domestic violence and are often the target of emotional, sexual and physical abuse.

## **Idaho Housing & Finance**

208-424-7066

565 W. Myrtle

[www.ihfa.org](http://www.ihfa.org)

- Check website and call number if further questions. Assisting new homeowners with low-rate loans, income based, potential help with down payments and closing costs.

## **Idaho Youth Ranch**

337-2613	7025 Emerald Street	<a href="http://www.youthranch.org">www.youthranch.org</a>
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## **Jesse Tree of Idaho**

383-9486	1025 S. Capital Blvd., Boise
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- Emergency rent assistance, must have paid rent for previous three months, must have Eviction notice or default letter, must participate in case management, have proof of Income and be an Ada county resident. May only use once for rent assistance. Need To call first for phone screening.

## **Landlord/Tenant Guidelines**

334-2424	State Capitol Building, Boise	<a href="http://www.state.id.us/ag">www.state.id.us/ag</a>
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- Available by pamphlet through the Attorney General's Office or on-line at [www.state.id.us/ag](http://www.state.id.us/ag) under *Manuals*. This provides several remedies for the landlord/tenant relationship including outlining the legal proceedings for eviction.

## **The Lighthouse**

461-5030	472 Nampa/Caldwell Blvd (Nampa)
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- Men only. Must attend evening religious service daily, 3 meals served each day 7 days each week. Daily chores assigned. Chapel service, Nov.-Feb. accepts everyone regardless of space, no time limit. March-Oct. can stay 17 days max and wait 30 days for more shelter time. Showers are free for non-shelter residents. Used clothes are free. Jobs program available if you sign a contract and meet certain objectives to extend shelter stay. 1-year rehab program

## **Project CATCH**

345-4907
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- This program primarily assists homeless families with children younger than 18. The program is also available to young adults, ages 18 to 22, who are aging out of foster care. Participants must be homeless with no other housing available or currently living in a homeless shelter. Must be a US citizen, no arrests or convictions for crimes of violence in the last 5 years, no DUI's within the last 6-month period. Must demonstrate a willingness and motivation to work toward achieving self-sufficiency and obtaining permanent housing.

## **Project Dove**

(541) 889-6316	Ontario, Oregon	<a href="http://www.projectdoveor.org">www.projectdoveor.org</a>
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- This is an emergency shelter home for women and children who are victims of domestic violence and sexual assault. Male children must be age 13 or younger in order to stay at the shelter. If a woman needing shelter has a male child who is 14 years of age or older, Project Dove may be able to pay for one or two nights stay in a motel for the family so that alternate safe shelter arrangements can be made. The program also provides advocacy, peer support, housing and transportation (including to court appearances in Payette and Malheur counties). They also have domestic violence information and referral services. Services are available in both English and Spanish. The maximum length of stay is 30 days. Individual counseling is offered (no fee). They also have a

children's program. **24 Hour Crisis Line 800-889-2000**

### **Neighborhood Housing Services**

343-4065	P.O.Box 8223 Boise	<a href="http://www.nhsid.org/services/homewardbound.html">www.nhsid.org/services/homewardbound.html</a>
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- Program offers counseling for default and foreclosure situations.

### **River of Life**

389-9840	575 S. 13th St., Boise
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- Shelter for men only. In winter no space limit. Clothing available. Breakfast, Lunch, and Dinner for River of Life Residents, check time for shelter guests. Chapel daily. Transitional Housing program also available.

### **Safe Place Ministries**

323-2169	723 N. Mitchell, Boise	<a href="http://www.safeplaceministries.com/">www.safeplaceministries.com/</a>
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### **Salvation Army SAFE Center**

343-3571	Call to schedule appointment	<a href="http://www.salvationarmy.org">www.salvationarmy.org</a>
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- This shelter services single women and families. Applicants will complete an intake interview. Breakfast, lunch and dinner provided and stay up to 3 months. Residents are required to perform tasks around facility and must vacate premises Monday thru Friday from 8:00 am to 4:00 pm, childcare is not provided. May take anywhere from several months to one year before assistance becomes available.

### **Valley Crisis Center**

467-4130	Nampa
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- This is an emergency shelter and transitional housing program for victims of domestic violence. Women and their children can stay at the shelter for up to two years. Male children must be 17 years old or younger in order to stay at the shelter. Support groups (for women and children) and legal advocacy are available. Individual counseling is also available at no cost (for women in the community also). This is a secure facility with an alarm system. Confidentiality is strictly adhered to. Services offered in both English and Spanish. **24 Hour Crisis Line 465-5011**

### **WCA (Women's and Children's Alliance):**

343-7025	YMCA
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- Emergency housing for women and children who are victims of domestic violence or sexual assault. Shelter is available for up to 60 days. Services that are also available are: individual counseling, support groups, substance abuse counseling, children's counseling and groups, and rape crisis intervention. There is also a **twenty-four hour crisis line- 343-7025**. This is a secure facility with alarms, and there is a strict confidentiality policy enforced. Rooms are private (one

woman or family per room).

## LEGAL ASSISTANCE:

### Agency for New Americans

338-0033	1614 W. Jefferson	<a href="http://www.anaidaho.org">www.anaidaho.org</a>
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- Settlement agency providing housing, cash, English classes, and employment for refugees until attaining citizenship. (Usually 6-8 months). Children are enrolled in local schools. Families are assigned to the program by the State Department. Also help navigate health care needs.

### Citizenship & Immigration (Catholic Charities of Idaho)

466-9926	4202 W. Emerald St., Boise	<a href="http://www.ccidaho.org">www.ccidaho.org</a>
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- You may be eligible for permanent residency under VAWA if you are married to a US citizen or Lawful Permanent Resident (LPR) or if you were divorced in the last two years. Your marriage must be proven to be in good faith, have no serious criminal record and **you or your child has been abused by your spouse. The abuse could be emotional and/or physical.** Contact Catholic Charities of Idaho, also Spanish speaking.

### Disability Right Idaho

(Voice/TDD)336-5353	4477 Emerald B-100, Boise	<a href="http://www.disabilityrightsidaho.org">www.disabilityrightsidaho.org</a>
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- Program assists people with disabilities to protect, promote and advance their legal and human rights through quality legal, individual and system advocacy. Services include information and referral; negotiation or mediation; investigation of suspected abuse or neglect; legal representation for violations of disability related rights; and technical assistance. No cost to client. Must have a physical or mental disability and seeking assistance with a related issue.

### Court Assistance Offices Project

287-6944	200 W. Front, Boise	<a href="http://www.adacounty.id.gov/Court-Assistance-Office">www.adacounty.id.gov/ Court-Assistance- Office</a>
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- The Court Assistance Office (CAO) Internet site is a one-stop clearinghouse to access legal forms, services and other resources for individuals involved in family law cases and other civil (non-criminal) court matters. If you can't afford to hire an attorney to represent you throughout a court proceeding; this project may provide you an attorney who could look over your paperwork, give you advice on how to present your evidence and tell you whether this type of action is right for you, for a lesser cost. Contact the Idaho State Bar Lawyer Referral Service 334-4500 ([www.state.id.us/isb/index.htm](http://www.state.id.us/isb/index.htm)) for the name of an attorney who will provide an initial consultation (fee). If you do not have access to the Internet, a complete packet of divorce papers can be obtained at the Courthouse, first floor, window 13 free of charge.

## **Domestic Violence Legal Advice Line**

345-0106 ext 111	1-877-500-2980
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## **Homeland Security (Formerly INS)**

685-6600	1185 S. Vinnell Way, Boise	<a href="http://www.uscis.gov">www.uscis.gov</a>
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- Naturalization information

## **Idaho Human Rights Education Center**

345-0304	777 S 8th St Boise, Idaho	<a href="http://www.idaho-humanrights.org">www.idaho-humanrights.org</a>
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## **Idaho Interactive Court Forms**

426-4259	<a href="http://www.idaholegalaid.org">www.idaholegalaid.org</a>	<a href="http://www.courtselfhelp.idaho.gov">www.courtselfhelp.idaho.gov</a>
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- These websites are designed to help individuals representing themselves in court complete the forms they need easily and accurately online.

## **Idaho Legal Aid**

345-0106	310 North 5 <sup>th</sup> Street, Boise	<a href="http://www.idaholegalaid.org">www.idaholegalaid.org</a>
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- For divorce assistance:  
You must be referred by the WCA (Women’s and Children’s Alliance, 343-3688).  
You must also complete requirements outlined by the WCA (referred to as 12 units of service) that involve attending their Rap group and obtaining individual counseling. For more specific information on what the requirements are for the 12 units of service, please contact the WCA.  
You must be a victim of domestic violence.  
You must meet certain income criteria.

### **For assistance with custody orders and modifications:**

Apply directly to Legal Aid.  
You must meet income criteria to qualify for assistance.  
You must be a victim of domestic violence.

## **Idaho Volunteer Lawyer Program**

334-4510/800-221-3295	525 N. Jefferson Ave, Boise	<a href="http://www.isb.idaho.gov">www.isb.idaho.gov</a>
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- For assistance with divorce you must meet the following criteria:  
You must be in individual counseling (you must have already had one session with counselor and know your next appointment time).  
You must have either a 90-day civil protection order, or a no contact order.  
You must be a victim of domestic violence.  
You must meet program income criteria.  
For assistance with modifications regarding child support or visitation, Idaho Volunteer Lawyers offers workshops to those who qualify. You must apply for the workshop a minimum of two weeks in advance of the workshop date. Idaho Volunteer Lawyers can also assist with Answer packets@ in divorces. If your spouse has served you divorce papers, and you do not have the resources to hire an attorney, this program can assist you in doing your Answer packet@ within the required 20-day time frame.

## **International Rescue Committee**

344-1792	7188 W. Patomic Dr Boise	<a href="http://www.rescue.org">www.rescue.org</a>
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- Provides resettlement services for refugees including housing, case management, employment, job upgrade and access to benefits and services.

## **Lawyer Referral Service**

334-4500
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- Refers to an appropriate lawyer in the Referral Database who practices the specific area of law requested and in a location near the client.

## **Pro Se Family Law Clinic**

334-4510
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- This clinic will make available volunteer attorneys and paralegals to help low-income parents complete the Court Assistance Office forms for family law matters. Talk to attorneys and paralegals free of charge.

## **Self-Help Legal Alternatives**

344-3208	3350 Americana Terrace, Ste 220	<a href="http://www.courtready.com">www.courtready.com</a>
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- Providing assistance in family law, guardianships, and bankruptcies, services include preparation of legal forms and some legal help for a fee to do paperwork for child custody, child support modification, divorce, bankruptcy, name change, guardianships, power of attorney and some adoptions; including notarization and general court orientation. Most services provided at a flat rate.

## **Senior Legal Hotline**

345-0106
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- Hotline is available for seniors 60 years or older to address civil legal concerns wills, power of attorney, Medicare Medicaid, nursing home care, long term care access, Social Security, family law, housing, utilities, consumer problems, credit card debt, home mortgage foreclosures and government entitlement programs. The automated system will transfer you to the next available attorney to take the call.

## **Women's Crisis Center (WCA)**

343-7025	720 W. Washington, Boise
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- Legal help for protection orders. In-house court advocate makes referrals.

## **World Relief**

323-4964	6702 Fairview, Boise
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- Refugee resettlement agency provides English classes, work orientation, job placement, and refugee mentoring. Extended services are available up to five years from date of arrival in US for refugee families assigned by state department for resettlement program. Donations of household items, furniture, and gift cards are welcome.

## MEDICAL ASSISTANCE:

### Access Behavioral Health Services, Inc

338-4699	1276 W. River St. Ste 100 Boise	<a href="http://www.accessbhs.com">www.accessbhs.com</a>
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- Full service behavioral health specializing in complete range of mental health and developmental disabilities to include medication management for adults and children, therapy and psychosocial rehab.

### Ada County Indigent Services

287-7960	252 E. Front Suite 199 (East of Courthouse)
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- This is not the same program as Idaho State Health and Welfare. This is a program for Ada County. This program can assist with paying medical bills and prescription costs if you qualify. Eligibility is determined on a case-by-case basis. To apply for assistance you need to pick up an application at the above address, and then call the office to schedule an appointment. You will need to bring the completed application to the appointment.

### Aid for Prescriptions

426-4259 & 1-800-PMA-INFO	<a href="http://www.YourxPlan.com">www.YourxPlan.com</a> or <a href="http://www.needymeds.com">www.needymeds.com</a>
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- Individual information Listed  
1-800-PMA-INFO is a directory of drug companies that offer free prescription drugs. Discount clubs (up to 70% discounts) Charges a “per family fee” and you get up to 40% off on mail-order prescripts. LINC has the forms to fill out of the prescription programs, as does the Family Practice Residency of Idaho thru *Health Access*.

### Angel Flight West/Idaho Wing

853-6244	<a href="http://www.angelflight.org">www.angelflight.org</a>
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- A volunteer organization that provides free air transportation to medical treatment for people who cannot afford public transportation or who cannot tolerate it for health reasons. The patient must be medically stable, able to sit up and ride in a small plane and endure the flight. Request should be made at least a week in advance.

### Birthright of Boise

342-1898 & 1-800-550-4900	1101 N. 28 <sup>th</sup> St., Boise	<a href="http://www.birthright.org">www.birthright.org</a>
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- 24 hr Hotline  
Assistance for pregnancy testing, a place to stay, medical care, financial assistance.

### Caring Foundation for Children

1-800-632-2022 ext 3034	<a href="http://www.caringfoundationforchildren.org">www.caringfoundationforchildren.org</a>
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- Program offered through Regency Blue Shield of Idaho. May receive up to \$1000 of dental care per year. Covers preventative and restorative care. For moderate income, uninsured children up to 19 years of age.

### **Central District Health**

375-5211	707 N. Armstrong Place, Boise
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- Family Planning Services available by appointment 327-7400. Teen Clinic, no appointment needed STD Walk-In Clinic, HIV testing available, HIV Clinic. Pregnancy testing and applications for Health and Welfare’s Temporary Medical Assistance for Pregnant Women, Cholesterol Screening Dental Screening, fluoride varnish coat to protect teeth from cavities, weekly clinics

### **Community Ministries**

378-7774	3000 Esquire Dr., Referrals only
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### **Crime Victim’s Compensation**

334-6080	700 S. Clearwater Ln, Boise
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- This program, can if applicant is eligible (found to be a victim of a crime), provide funding for medical and counseling expenses, wage loss and funeral expenses. These expenses must be a direct result of a crime reported to law enforcement officials within 72 hours of the incident unless good cause is found for delay to report. \*\*The victim’s own misconduct must not have caused or contributed to the injury. Victim-Witness Coordinator will have applications available.

### **Easter Seals Psychosocial Rehab**

378-9924	1465 South Vinnell Wy, Boise	<a href="http://www.treatmentcentersdirectory.com">www.treatmentcentersdirectory.com</a>
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- This program assists adults and children with mental illness develop the skills they need for independence. Building skills in the following areas symptom management, independent living, social and interpersonal, conflict resolution, anger management, coping, problem-solving, relationship and self-esteem building, stress reduction, community integration, reality orientation, communication, activities of daily living, leisure, health and nutrition.

### **El-Ada-Americana**

345-2820	2250 S. Vista, Boise	<a href="http://www.eladacap.org">www.eladacap.org</a>
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- Will get voucher for dentist who only pulls teeth. 1 dental extraction/year. Bring SSN cards and photo ID

### **Face to Face**

1-800-842-4546	<a href="http://www.facetofacesurgery.org">www.facetofacesurgery.org</a>
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- Program will pay for cosmetic surgery related to domestic violence victimization a year following the crime if the victim has participated in counseling.

### **Friendship Clinic @ All Saints Church**

429-6678	704 S. Latah (Cassia/Latah) Boise	<a href="http://www.friendshipclinic.com">www.friendshipclinic.com</a>
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- Provide free healthcare to those that don’t have insurance and meet income guidelines. Bring proof of income. No appointments. First come, first serve

## **Gem State Developmental Center**

888-5566	818 NW 15 <sup>th</sup> Meridian	<a href="http://www.gsdccda.com">www.gsdccda.com</a>
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- Developmental disabilities agency offering functional home, center and community based services, evaluation and diagnostic screening, medical and therapeutic services. Summer services for children age 3 to 17.

## **Genesis World mission Community Clinic**

384-5200	215 W 35 <sup>th</sup> Garden City	<a href="http://www.genesisworldmission.org">www.genesisworldmission.org</a>
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- Low cost and free medical care. Call to make appointment. Plan on a long wait. Free! Bring photo ID, SSN proof of income. Undocumented citizens welcome. Clinic provides some chronic care, non-emergency illness, referral for x-rays, specialists, lab tests and some counseling. Medications through the clinic are FREE, but limited availability of drugs. They have a FREE medical program available for patients who sign up, if their medications are not available at the clinic. Clinic isn't a pharmacy. Unable to provide casts, weight loss and controlled drugs, hospital care, surgeries, prenatal care or drug testing. There is a Dental Clinic, Dermatology Clinic, and Smoking Cessation. Referring organizations need to call clinic with complicated clients to determine if clinic can meet their needs.

## **Healthy Connections**

334-4676
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- Idaho's Medicaid care management program. It is a program to help you get the care you need, when you need it. Healthy connections link you to one doctor who will guide your healthcare.

## **Health Access**

367-6030	777 Raymond Street, Boise
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- *Health Access* is a collaborative medical clinic located at the Family Practice Residency of Idaho to provide care services to low-income, uninsured Ada County residents. Basic physician office-type care, including ongoing prevention, early detection and chronic condition management. Basic medically necessary lab and x-ray services are also included. A fee is due at time of service.

## **ID Federation of Families for Children's Mental Health**

433-8845	1111 S. Orchard, Suite 250, Boise	<a href="http://www.idahofederation.org">www.idahofederation.org</a>
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- A statewide parent-run organization focused on the needs of children and youth with emotional, behavioral or mental disorders and their families. Program includes Parent-to-Parent Support Groups, Community Resource and Referral, Sibling Support Groups, Parent Education and Information regarding education planning and support, transition planning and parenting a child with a emotional behavioral or mental disorder.

### **Idaho Parents Unlimited Inc.**

342-5884	1878 W. Overland, Boise	<a href="http://www.ipulidaho.org">www.ipulidaho.org</a>
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- Statewide organization founded to provide support, information and technical assistance to parents of children and youth with disabilities. Services include one-on-one assistance, regional workshops and written materials.

### **Idaho Elk's Rehab**

343-2583	116 W. State Street, Boise	<a href="http://www.idahoelksrehab.org">www.idahoelksrehab.org</a>
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- Assistance with prescriptions and medical screening, for the in need, low income and no insurance. Seen on first come/first serve basis.

### **Idaho Lions Eye Bank**

338-5466	Call for referral in your area	<a href="http://www.idaholions.org">www.idaholions.org</a>
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- Will assist a person with the purchasing a pair of glasses.

### **Idaho State Health and Welfare Department**

334-6700	1720 Westgate Drive, Boise
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- This program can issue a medical card that can be used to pay for doctor's visits and prescription costs.

### **Living Independence Network Corp LINC**

tty 336-3335	1878 W. Overland Rd, Boise	<a href="http://www.lincidaho.org">www.lincidaho.org</a>
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- A non-profit organization empowering people with disabilities to achieve their desired level of independence. Connects applicants with community resources and referral services, including a registry of independent providers, home health agencies and hiring manual. Provides peer support and independent living services with practical suggestions and solutions. Assistance with technological services to help research and locate work.

### **Milan Dental Clinic**

472-2020	8590 W. Fairview Ave, Boise
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- Exams and cleaning by hygienist students. Dentist available for fillings, extractions, root canals, dentures and crowns. Call for appointment. Sliding fee scale, bring proof of income.

### **Planned Parenthood**

376-9300	3668 N. Harbor, Boise	<a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a>
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- Birth control, STD and pregnancy tests, emergency contraception (EC), no walk-ins for EC, pregnancy tests and urinary tract infections) 1 or 2 hrs prior to close. Accept Medicaid and insurance.

### **Prescription Help**

1-800-PMA-INFO	<a href="http://www.yourplan.com">www.yourplan.com</a>
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- A directory of drug companies that offer free prescription drugs.

### **Small Smiles Dental Clinic**

322-3010	Fairview Tech Center
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- This program offers quality dental care for children from their first tooth to 21 years with Medicaid or ID CHIP.

### **Society of St. Vincent de Paul**

344-9737	FreeMed Program
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- This program is a service that assists individuals in qualifying for free long-term prescription medication from pharmaceutical companies. Call the above number to make an appointment. No medicine distributed from site location.

### **St. Mark's Crisis Center**

327-0345	7503 Northview, Boise
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- May provide partial payment toward prescription cost. Apply for assistance at St. Mark's. Adults must present with a photo ID, written prescription and a social security card for each member of the family

### **"Su Familia" Nat'l Hispanic Family Health Helpline**

866-783-2645	<a href="http://www.hispanichealth.org">www.hispanichealth.org</a>
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- Hispanics get information to prevent and manage chronic conditions. Bilingual specialists refer to local providers, or receive bilingual fact sheets. Info on asthma, cancer screening, heart disease, children and adults. Prenatal helpline 1800-504-7081

### **Terry Reilly Health Services- Dental**

336-8801	2301 36 <sup>th</sup> St #102, Boise
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- Emergency dental must call first thing in morning & Non-emergency, call for an appointment. Accepts Medicaid and has sliding fee scale, deposit and proof of income needed.

### **Terry Reilly Clinic**

344-3512 / 466-7869	300 S 23 <sup>rd</sup> St, Boise / 223 16th Avenue North, Nampa
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- The clinic provides medical care primarily to the homeless population in our community, but they also try to assist victims of domestic violence and their children (as scheduling permits). They can also assist in obtaining prescriptions, eyeglasses and dental care. You will need to call ahead for an appointment. Medical care is free to homeless individuals. If you are low income and are not homeless, fees are based on a sliding fee scale.

### **Together RX Access Card Program**

1-800-444-4106	<a href="http://www.TogetherRxAccess.com">www.TogetherRxAccess.com</a>
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- Provides 25-40% off retail price of 275 drugs (diabetes, cancer, arthritis, blood pressure). Legal US residents, uninsured, under age 65, ineligible for Medicaid + Medicare, have insurance, are eligible if meet income guidelines (family size).

### **Vinyard Medical Clinic (Compassionate Health Care)**

377-1477	4950 Bradley, Boise (off Chinden)	<a href="http://www.vineyardboise.org">www.vineyardboise.org</a>
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- Call for hours

## **Substance Abuse Treatment programs:**

### **Ada County Juvenile Court Substances Abuse Program**

287-5600	400 N. Benjamin Suite 201, Boise
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- All programs are court ordered (not voluntary), ages 13-18.
- Drug Education for 1st time offenders.
- 2 outpatient 9-week programs, Drug Court. 13-month commitment. Outpatient only. Residential for locked down adolescents only. Also offer parent and child education (PACE).

### **Ascent Behavioral Health Service**

898-9755	366 SW 5th Ave #100, Meridian	<a href="http://www.ascentbhs.org">www.ascentbhs.org</a>
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- Adolescent and adult services. Assessment, intensive outpatient and relapse prevention services. Psychiatrists, nurse practitioner, therapist provide direct care. Insurance and approved state funded substance abuse treatment. Treatment for drug and alcohol use, court ordered DUI evaluations, cognitive self-change and victims panel.
- Additional locations: Garden City and Mountain Home

### **Bell Counseling**

376-2577	1076 N. Cole, Boise
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- Adolescent and adult outpatient, groups, individuals, relationships and anger management. Will treat dual-diagnosis. State funded treatment with sliding fee for substance abuse, Medicaid.

### **Chrysalis Women's Transitional Living**

424-1323	2501 W. State St., Boise	<a href="http://www.chrysaliswomenidaho.org">www.chrysaliswomenidaho.org</a>
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- Transitional living for women. No treatment offered. Must be clean and sober. This is not a shelter. 12 months. Must participate in life skill classes be willing to accept the rules and be accountable. Specifically work with Boise Psychology Association. Must go to school or work.

### **City Light for Women and Children**

368-9901	1404 W. Jefferson, Boise
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- Emergency shelter- No boys over age 12. Substance Abuse Treatment Program-1-year intense commitment. Women and children only. Provide 3 meals/day. Case management a requirement.

### **Community Services Counseling**

344-3957	963 S. Orchard St #B, Boise	<a href="http://www.cscid.org">www.cscid.org</a>
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- Behavior therapies include counseling, psychotherapy, support groups, and family therapy.
- Urine and/or Saliva Toxicology tests are required as part of treatment protocol and are available at a nominal cost.

### **Community Support Center**

429-0330	716 N. Orchard, Boise	
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- Primarily mental health day treatment, but do work with dual diagnosis. Will treat regardless of whether or not you have Medicaid.
- Not a food bank

### **Substance Use Disorder Services**

1-800-922-3406		
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- State grant funding is available through Business Psychology Associates.

### **Harmony House**

288-1079	4615 S. Locust Grove, Meridian	
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- Call first. Residential treatment for teen's age 13-17. 90-day program. Family groups. 8 beds, Waiting list likely. Medicaid accepted.

### **Idaho Meth Project**

331-2060		<a href="http://www.idahomethproject.org">www.idahomethproject.org</a>
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- On line resource provides signs to look for in individuals using meth, the effects of meth and meth project ads.

### **Intermountain Hospital**

377-8400	303 N. Allumbaugh St, Boise	<a href="http://www.intermountainhospital.com">www.intermountainhospital.com</a>
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- Provides supportive therapeutic environment for addiction recovery. Individual counseling as well as structured group and family therapy. Also offers an adolescent inpatient chemical dependency program.

### **Narcotics Anonymous**

391-3823	512 N 8 <sup>th</sup> St, Boise	<a href="http://www.na.org">www.na.org</a>
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### **Words of Freedom**

321-7440	123 Auto Dr., Boise	
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- This group teaches Christ-centered principles pertaining to life-controlling issues. Through practical biblical instruction, adults and teens learn how to work through issues relevant for sober living.

## **RADAR (Regional Alcohol Drug Awareness Resource) BSU**

426-3471	1910 University Dr	radar.boisestate.edu
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- The RADAR Center is an informational clearinghouse and referral service that provides information about substance abuse as well as educational programs. Radar provides a wide selection of videos/DVD's on substance abuse and treatment topics. Videos are available for loan up to 3 weeks. Information for distribution or lending is also available in the following formats: pamphlets, brochures, booklets, statistical data, learning activities, posters, books/journals and master publications for reproduction. Online versions of many of the documents are also available on the centers website. Services and materials are FREE to the public.

## **River of Life**

389-9840	575 S. 13th St.
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- Substance abuse treatment for men only. 1-year intensive program.

## **Road to Recovery**

384-4234	4483 N Dredsen Pl #103, Garden City
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- Methamphetamine clinic, yearlong program, intensive, must be age 18. Addicted teen of meth parent can be treated.

## **St. Alphonsus Addiction Recovery**

367-3553	6138 Emerald Ste B, Boise
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- Outpatient treatment for adults, sliding fee scale.

## **SunHealth**

327-0504	8050 Northview, Boise	<a href="http://www.sunh.com">www.sunh.com</a>
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- A Chemical Dependency Program treating alcoholism and drug dependence and addressing relapse issues.

## **Veterans Medical Center RSAT**

422-1000 ext. 1145	500 W. Fort, Boise
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- Provide detox & 21-day residential substance abuse treatment and continuing outpatient substance abuse treatment. Outpatient mental health counseling, groups, family counseling and temporary housing for veterans, active duty and reserve members.

## **Walker Center**

1-800-227-4190	605 11 <sup>th</sup> Ave E., Gooding	<a href="http://www.thewalkercenter.org">www.thewalkercenter.org</a>
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- Inpatient adult substance-abuse treatment center. 21 day program, 3 days of family treatment. Follow up programs offered in Boise.

# **TRANSPORTATION SERVICES:**

## **Ada County Indigent Services**

287-7960	252 E. Front Suite 199, Boise (East of Courthouse)
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- Bus tokens to be used for transportation to and from work and/or medical and dental appointments. Applications must be filled out prior to assistance.

## **Central District Health**

375-5211	707 N. Armstrong, Boise
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- Car seat program includes free car seat check on designated days (refer to newspaper advertisement) or by appointment. On an income need bases, car seats are available at a reduced rate, car seat check attendance is mandatory to take advantage of this program.

## **El-Ada Community Action**

345-2820
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- Program offers bus tokens, call for more information.

## **Salvation Army**

343-3571	4308 W State St.
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- Program offers bus tokens. Bike program must be needed for work or medical appointments.

## **St. Michael's Episcopal Church**

342-5601	518 N. 8 <sup>th</sup> , Boise
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Gas vouchers every 90 days for fee, you will need a valid driver's license.

## **St. Vincent de Paul**

331-2208	6464 W. State Street
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- Program offers bus tokens and gas vouchers to be used within one week for transportation to and from work only. Small parts vouchers include brake pads, hoses, belts. Vouchers are not available for car repairs. Bicycles given twice a month on a first come, first serve basis (one bike per lifetime).

## **Valley Ride City Bus**

345-7433
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- Monthly you pass and individual fares - call for prices. BSU & high school students can use their school ID card to ride city bus for free during school year.

# UTILITY ASSISTANCE:

## Ada County Indigent Services

287-7960	252 E. Front Suite 199 (East of Courthouse)
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- \*This is not the Idaho State Health and Welfare program. This is a separate program for the County. This program can assist with paying utility bills. To apply you need to pick up an application at the above address, and then call the office for an appointment. You will need to bring the completed application to the appointment. Eligibility is determined on a case-by-case basis.

## El Ada (Elmore & Ada Counties)

322-1242	
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- They will give directions to location when you call for appointment. This program will provide once a year assistance with your primary source of heat if you meet the income guidelines. You do not have to be behind on your bill to receive assistance. Everybody residing in home is considered part of the household (even if two families are sharing the residence, they will still be considered one household. All income coming into the home will be considered when determining eligibility). Eligibility is determined by the past three-month's income. Guidelines are as follows:

<u>Household Size</u>	<u>Three Month Gross Income</u>
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Individual	3,402
two	4,596
three	5,790
four	6,984
five	8,178
six	9,372
seven	10,566
eight	11,760
*Each additional member add \$398	

In order for El -Ada to process your application for assistance, you must bring the following items to the interview: Social Security card for everybody in the household, verification of all income from the past three months (check stubs, etc.) and most recent heating bill. If you are requesting assistance with propane or wood, you must still bring in some type of utility bill to show proof of address. Also, it is required that you are residing at the address that you want assistance for.

## El Ada Garden City

377-0700	701 E. 44 <sup>th</sup> #1, Boise
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Telephone assistance.

### **Idaho Power (Moratorium)**

388-2323

- Moratorium on paying electric bills from Dec 1st to March 1st. Must call Idaho Power, tell them you have children and continue paying your bill. Your power will be turned off after March 1st if nothing has been paid on the bill.

### **Intermountain Gas (Moratorium)**

377-6840

- Moratorium on paying gas bills from Dec 1st to March 1st . Must call Intermountain gas, tell them you have children and continue paying your bill. Your gas will be turned off after March 1st if nothing has been paid on the bill.

### **Salvation Army: (Booth Family Care Center)**

383-4263

1617 N 24<sup>th</sup> St, Boise

- **Services Offered:**
  - Emergency Financial Assistance
  - Emergency Shelter
  - Food & Nutrition Programs
  - Seasonal Services
  - Casework Services
  - Group Work Services
  - Homemaker Services
  - Character Building Programs

## **Assistance for Persons with a Disability:**

### **Disability Rights Idaho**

336-5353

4477 Emerald, Ste B-100

[www.healthandwelfare.idaho.gov/](http://www.healthandwelfare.idaho.gov/)

- Co-Ad Comprehensive Advocacy, Inc 1-866-COADINC <http://users.moscow.com/co-ad>  
Services include information and referral; negotiation or mediation; investigation of suspected abuse or neglect; legal representation for violations of disability related rights; technical assistance.

### **Idaho Parents Unlimited Inc.**

342-5884

4619 Emerald, Ste E, Boise

[www.ipulidaho.org](http://www.ipulidaho.org)

- Support, information and technical assistance to parents of children and youth w/ disabilities.
- Assists families in making informed choices about health care; provides training, information and resources to families of children with special health care needs.

### **Living Independence Network Corp LINC**

336-3335

1878 W. Overland Rd

- Empowering people with disabilities to achieve their desired level of independence. Connects applicants with community resources and referral services.

Ada County Sheriff's Office  
Victim Services  
7200 Barrister  
Boise, ID  
(208)577-3000

Meridian City Police Department  
Victim Services  
1401 E. Watertower  
Meridian, ID  
(208)888-6678

Boise City Police Department  
Victim Services  
333 N. Sailfish  
Boise, ID  
(208) 570-6220

Ada County Prosecutor's Office  
Misdemeanor and Felony Cases  
200 W. Front, 3<sup>rd</sup> Floor  
287-7700

Ada County Prosecutor's Office  
Juvenile Cases  
6300 Denton  
577-4900