

SECTION: M-8

PROTOCOL TITLE: Adult Vomiting/Severe Nausea/Vertigo

REVISED: January 11, 2010

GENERAL COMMENTS: Nausea and vomiting are general complaints that can have any number of underlying causes. Care should be taken to screen for significant pathology and treat accordingly.

BLS SPECIFIC CARE: *See adult General Medical Care Protocol M-1*

ILS SPECIFIC CARE: *See adult General Medical Care Protocol M-1*

- Treat hypotension aggressively with IV crystalloid up to 1000 cc. Hold for s/s of CHF/pulmonary edema or CHF History.

ALS SPECIFIC CARE: *See adult General Medical Care Protocol M-1*

- Assess and treat underlying disorder.

Antiemetics:

- Zofran (Ondansetron)
 - 4 mg IV/IM/IO
 - Repeat one time in 15 minutes, if needed
- Benadryl (diphenhydramine) IV/IM/IO:
 - 25-50 mg

Benzodiazepines: To be used for inner ear pathology (vertigo, labyrinthitis, etc)

- Diazepam (Valium)
 - IV, IM 2-5 mg, Max of 10 mg
- Midazolam (Versed)
 - IV, IM: 0.5 mg, Max of 2.5 mg

Protocol

M-8

ADULT VOMITING/SEVERE NAUSEA/VERTIGO

- **PHYSICIAN PEARLS:**

ALS Providers may decrease the dosage, or prolong the administration intervals of any medication with sedative properties when doing so would decrease adverse effects and still likely obtain the clinical goal.