

BREAKFAST 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe apple juice milk variety
2 Mini-Spooners Fresh orange vanilla cherry yogurt apple juice milk variety	3 Cinnamon french wheat toast pork sausage Fresh apple slices Syrup Margarine apple juice milk variety	4 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe orange juice milk variety	5 Mini-Spooners Fresh honeydew rasberry yogurt apple juice milk variety	6 Whole grain pancakes pork sausage Fresh orange Syrup Margarine grape juice milk variety	7 whole wheat egg cheese,ham burrito Fresh apple slices Salsa orange juice milk variety	8 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe apple juice milk variety
9 Mini-Spooners Fresh orange vanilla cherry yogurt grape juice milk variety	10 Cinnamon french wheat toast pork sausage Fresh apple slices Syrup Margarine orange juice milk variety	11 Oatmeal Wheat Toast Fresh cantaloupe Grape Jelly apple juice milk variety	12 Mini-Spooners Fresh honeydew rasberry yogurt grape juice milk variety	13 whole wheat biscuits Country gravy pork sausage Fresh orange orange juice milk variety	14 Egg/Ham/Cheese whole wheat bagel Potato sticks Salsa Fresh apple slices apple juice milk variety	15 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe grape juice milk variety
16 Mini-Spooners Fresh orange vanilla cherry yogurt orange juice milk variety	17 Cinnamon french wheat toast pork sausage Fresh apple slices Margarine Syrup apple juice milk variety	18 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe grape juice milk variety	19 Mini-Spooners Fresh honeydew rasberry yogurt orange juice milk variety	20 Whole grain pancakes pork sausage Fresh orange Syrup Margarine apple juice milk variety	21 whole wheat egg cheese,ham burrito Fresh apple slices Salsa grape juice milk variety	22 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe orange juice milk variety
23 Mini-Spooners Fresh orange vanilla cherry yogurt apple juice milk variety	24 Cinnamon french wheat toast pork sausage Fresh apple slices Syrup Margarine grape juice milk variety	25 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe orange juice milk variety	26 Mini-Spooners Fresh honeydew rasberry yogurt grape juice milk variety	27 whole wheat biscuits Country Gravy pork sausage grape juice Fresh orange milk variety	28 Egg/Ham/Cheese whole wheat bagel Potato sticks Salsa Fresh apple slices orange juice milk variety	29 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe apple juice milk variety
30 Mini-Spooners Fresh orange vanilla cherry yogurt apple juice milk variety	31 Cinnamon french wheat toast pork sausage Fresh apple slices Syrup Margarine apple juice milk variety HALLOWEEN					This institution is an equal opportunity provider.

2016

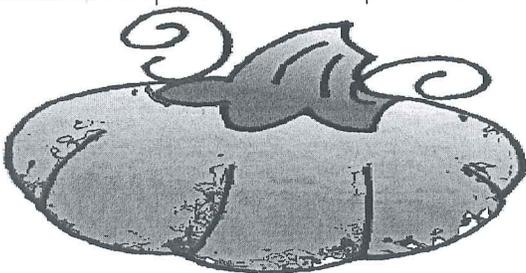
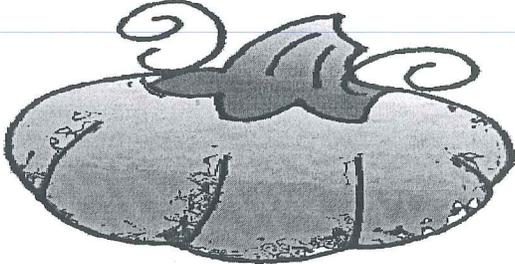
AM SNACK

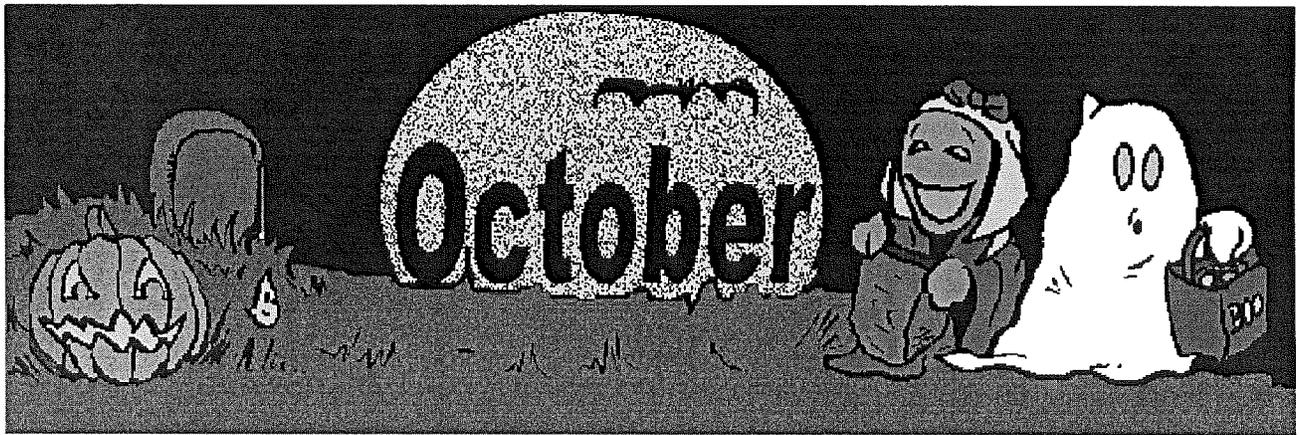


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Coffee Cake
2 Cheese Sandwich	3 Spice Cake	4 Blueberry&banana snack bread	5 Peach muffin	6 Cheese Sandwich	7 Spice Cake	8 Coffee Cake
9 Cheese Sandwich	10 Spice Cake	11 Blueberry&banana snack bread	12 Peach muffin	13 Cheese Sandwich	14 banana	15 Coffee Cake
16 Cheese Sandwich	17 Spice Cake	18 Blueberry&banana snack bread	19 Peach muffin	20 Cheese Sandwich	21 Spice Cake	22 Coffee Cake
23 Cheese Sandwich	24 Spice Cake	25 Blueberry&banana snack bread	26 Peach muffin	27 Cheese Sandwich	28 banana	29 Coffee Cake
30 Cheese Sandwich	31 Spice Cake HALLOWEEN					

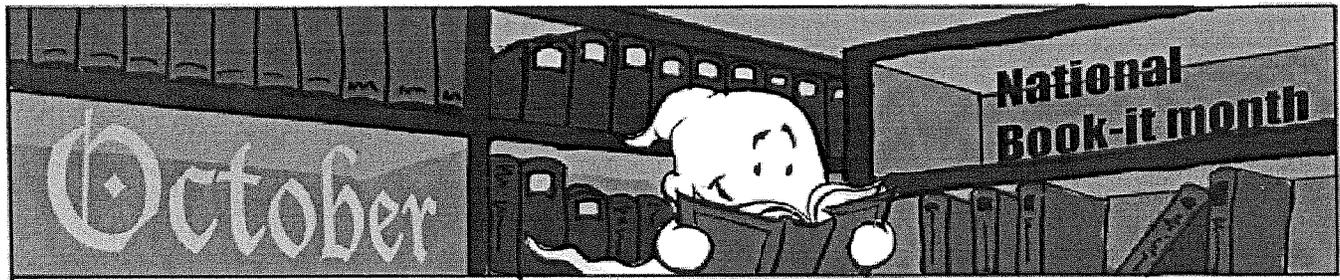
LUNCH 2016

OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Salisbury steak Mashed Potatoes Brown Gravy Country Blend Salad,toss french Fresh grapes WH french bread Margarine grape juice milk variety
2 Cream Chicken Steam Brown Rice Steam Peas & Carrots Wh.Herb bread Salad, toss ranch Pineapple Tidbits orange juice milk variety	3 Spaghetti sauce Meatballs Whole wheat noodles California Blend veg. Caesar Salad Fresh honeydew Wh,Garlic bread apple juice	4 Chicken Ques Sweet potato puffs Fresh grapes Salad,toss french Salsa Sour Cream grape juice milk variety	5 Lasagna w/Meat California Blend veg. Caesar Salad Fresh Watermelon Wh,Garlic bread orange juice milk variety	6 Pork chile verde Steam Brown Rice Carrot Coins Salad,toss Italian Fresh cantaloupe Wh.Herb bread apple juice milk variety	7 Fish Sticks Potato cheese wdg Steam Broccoli Idaho Bean Salad Fresh honeydew Wh.Herb bread Tartar Sauce Ketchup grape juice milk variety	8 Hamburger/ wh bun Sand. Toppings Country Blend Seasoned Beans Salad,toss french Fresh grapes Ketchup Mustard orange juice milk variety
9 Salisbury steak Mashed Potatoes Brown Gravy Steam Peas & Carrots Salad,toss Italian Pineapple Tidbits WH french bread Margarine apple juice	10 Spaghetti Tom.V eg. Sauce Whole wheat noodles California Blend veg. Caesar Salad Fresh honeydew Cheese stick Wh,Garlic bread	11 Hamburger/ wh bun Sand. Toppings Country Blend Potato cheese wdg Salad,toss french Fresh grapes Ketchup Mustard orange juice milk variety	12 Pork chile verde Steam Brown Rice California Blend veg. Salad,toss Italian Fresh Watermelon Wh.Herb bread apple juice milk variety	13 Beef Shepherd pie broccoli/cheese Salad, toss ranch WH french bread Margarine Fresh cantaloupe grape juice milk variety	14 Meatloaf Oven Potatoes Brown Gravy Mixed Vegetables Salad,toss french Fresh honeydew WH french bread Margarine orange juice milk variety	15 Chicken sandwich Sand. Toppings Spicy sweet potato wedge Seasoned Beans Salad,toss Italian Fresh grapes Mayonnaise apple juice milk variety
16 Country fried patty Mashed Potatoes Country gravy Steam Green Beans Pineapple Tidbits Salad,toss Italian Wh.Herb bread Cheese stick grape juice milk variety	17 Cream Chicken Steam Brown Rice Steam Peas & Carrots Wh.Herb bread Salad,toss french Fresh honeydew orange juice milk variety	18 Idaho, Chili Mac. Country Blend Salad, toss ranch Fresh grapes Wh,Garlic bread apple juice milk variety	19 Chicken Ques Sweet potato puffs Fresh Watermelon Salad,toss french Salsa Sour Cream grape juice milk variety	20 Veggie Lasagna California Blend veg. Caesar Salad Fresh cantaloupe Wh,Garlic bread orange juice milk variety	21 Fish Sticks Potato cheese wdg Steam Broccoli Idaho Bean Salad Fresh honeydew Wh.Herb bread Tartar Sauce Ketchup apple juice milk variety	22 Hamburger/ wh bun Sand. Toppings Mixed Vegetables Seasoned Beans Salad,toss french Fresh grapes Mustard Ketchup grape juice milk variety
23 Italian Goulash Carrot Coins Caesar Salad Pineapple Tidbits Wh,Garlic bread orange juice milk variety	24 Pork chile verde Steam Brown Rice California Blend veg. Salad, toss ranch Fresh honeydew Wh.Herb bread apple juice milk variety	25 Beef Shepherd pie broccoli/cheese Salad,toss french Fresh grapes WH french bread Margarine grape juice milk variety	26 Meatloaf Oven Potatoes Brown Gravy Mixed Vegetables Salad, toss ranch Fresh Watermelon WH french bread Margarine apple juice milk variety	27 Idaho, Chili Mac. California Blend veg. Salad,toss Italian Fresh cantaloupe Wh,Garlic bread orange juice milk variety	28 Chicken sandwich Potato cheese wdg Salad,toss french Seasoned Beans Fresh honeydew Ketchup Mayonnaise grape juice milk variety	29 Salisbury steak Mashed Potatoes Brown Gravy Country Blend Salad,toss french Fresh grapes WH french bread Margarine grape juice milk variety
30 Cream Chicken Steam Brown Rice Steam Peas & Carrots Wh.Herb bread Salad, toss ranch Pineapple Tidbits orange juice milk variety	31 Spaghetti sauce Meatballs Whole wheat noodles California Blend veg. Caesar Salad Fresh honeydew Wh,Garlic bread apple juice HALLOWEEN					This institution is an equal opportunity provider.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Ham Sandwich Milk Low Fat
2 Blueberry Muffin Milk Low Fat	3 Turkey Sandwich Milk Low Fat	4 Fruit grain bar Cheese stick	5 soft pretzel chocolate milk fat free	6 Abracadabra Bar Milk Low Fat	7 Honey graham cracker chocolate milk fat free	8 Ham Sandwich Milk Low Fat
9 Blueberry Muffin Milk Low Fat	10 Turkey Sandwich Milk Low Fat	11 Fruit grain bar Cheese stick	12 soft pretzel chocolate milk fat free	13 Abracadabra Bar Milk Low Fat	14 Honey graham cracker chocolate milk fat free	15 Ham Sandwich Milk Low Fat
16 Blueberry Muffin Milk Low Fat	17 Turkey Sandwich Milk Low Fat	18 Fruit grain bar Cheese stick	19 soft pretzel chocolate milk fat free	20 Abracadabra Bar Milk Low Fat	21 Honey graham cracker chocolate milk fat free	22 Ham Sandwich Milk Low Fat
23 Blueberry Muffin Milk Low Fat	24 Turkey Sandwich Milk Low Fat	25 Fruit grain bar Cheese stick	26 soft pretzel chocolate milk fat free	27 Abracadabra Bar Milk Low Fat	28 Honey graham cracker chocolate milk fat free	29 Ham Sandwich Milk Low Fat
30 Blueberry Muffin Milk Low Fat	31 Turkey Sandwich Milk Low Fat HALLOWEEN					This institution is an equal opportunity provider.



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

						<p>1 Sloppy Joe on a Bun Seasoned Wedge Steamed Peas Salad,toss Italian Ketchup Pears Milk Low Fat</p>
<p>2 Chicken, nuggets WG Mac & Cheese Steam Broccoli Salad,toss Italian Apples&pears Ranch Dressing Milk Fat Free</p>	<p>3 White chicken chili Steam Green Beans Salad,toss french Peaches Homemade Cornbread Honey Butter Milk Low Fat</p>	<p>4 Barbeque Pork on Whole Wheat Bun Potato sticks Steamed Peas Salad, toss ranch Vanilla bean ice cream Ketchup Milk Low Fat</p>	<p>5 Chic'penne Steam Broccoli Salad,toss french WH french bread Margarine Pineapple Tidbits Milk Fat Free</p>	<p>6 Fiesta beef soup wheat crackers Hot Dog Pork & Beans Mustard Ketchup Potato, Salad Peaches Milk Low Fat</p>	<p>7 Pizza Cheese Caesar Salad Mozzarella bread stick Carrot Coins Ranch Dressing Apple honey crisp Milk Fat Free</p>	<p>8 Burritos Spicy brown rice Shredded lettuce diced tomato Salsa Vanilla bean ice cream Sour Cream Milk Low Fat</p>
<p>9 Chicken curry casserole Green Beans Salad,toss french Applesauce WH french bread Margarine Milk Fat Free</p>	<p>10 Corndog Nuggets Seasoned Wedge Steamed Corn Salad, toss ranch Ketchup Mustard Vanilla bean ice cream Milk Low Fat</p>	<p>11 Soft taco Seasoned Beans Fresh carrot&brocc. Ranch Dressing Sour Cream Salsa Sunshine cake Milk Low Fat</p>	<p>12 Chicken, nuggets WG Mac & Cheese Steamed Peas Salad,toss french Pineapple Tidbits Ranch Dressing Milk Fat Free</p>	<p>13 Turkey Sandwich Potato sticks Vegetable Soup Salad,toss Italian Peaches Mayonnaise Ketchup Milk Low Fat</p>	<p>14 Nacho Potato w/beef Sour Cream Salsa Fresh carrot&brocc. Ranch Dressing Vanilla bean ice cream</p>	<p>15 Fish sandwich Potato sticks Steam Broc/cauliflower Salad,toss french Apricots Tartar Sauce Ketchup Milk Low Fat</p>
<p>16 Fiesta beef soup wheat crackers Hot Dog Pork & Beans Potato, Salad Pears Mustard Ketchup Milk Fat Free</p>	<p>17 Burritos Spicy brown rice Shredded lettuce diced tomato Salsa Sour Cream cookie oatmeal raisins Milk Low Fat</p>	<p>18 Pizza Cheese Caesar Salad Mozzarella bread stick fresh carrot coins Ranch Dressing Vanilla bean ice cream Milk Low Fat</p>	<p>19 Fish sandwich Potato sticks Steam Broc/cauliflower Apricots Tartar Sauce Ketchup Milk Fat Free</p>	<p>20 Sloppy Joe on a Bun Seasoned Wedge Steamed Peas Salad,toss Italian Pineapple Tidbits Ketchup Milk Low Fat</p>	<p>21 White chicken chili Green Beans Salad,toss french Applesauce Homemade Cornbread Honey Butter Milk Fat Free</p>	<p>22 Barbeque Pork on Whole Wheat Bun Seasoned Wedge Steamed Peas Salad, toss ranch Apples&pears Ketchup Milk Low Fat</p>
<p>23 Chic'penne Steam Broccoli Salad,toss Italian WH french bread Margarine Peaches Milk Fat Free</p>	<p>24 Corndog Nuggets Steamed Corn Seasoned Wedge Salad,toss french Mustard Ketchup Sunshine cake Milk Low Fat</p>	<p>25 Soft taco Seasoned Beans Apricots Fresh carrot&brocc. Ranch Dressing Sour Cream Salsa</p>	<p>26 Pizza Cheese Mozzarella bread stick Caesar Salad fresh carrot coins Ranch Dressing Apple honey crisp Milk Fat Free</p>	<p>27 Chicken curry casserole Green Beans Salad, toss ranch WH french bread Margarine Peaches Milk Low Fat</p>	<p>28 Nacho Potato w/beef Fresh carrot&brocc. Sour Cream Salsa Ranch Dressing Vanilla bean ice</p>	<p>29 Sloppy Joe on a Bun Seasoned Wedge Steamed Peas Salad,toss Italian Ketchup Pears Milk Low Fat</p>
<p>30 Chicken, nuggets WG Mac & Cheese Steam Broccoli Salad,toss Italian Apples&pears Ranch Dressing Milk Fat Free</p>	<p>31 White chicken chili Steam Green Beans Salad,toss french Peaches Homemade Cornbread Honey Butter Milk Low Fat</p>					<p>This institution is an equal opportunity provider.</p>

HALLOWEEN