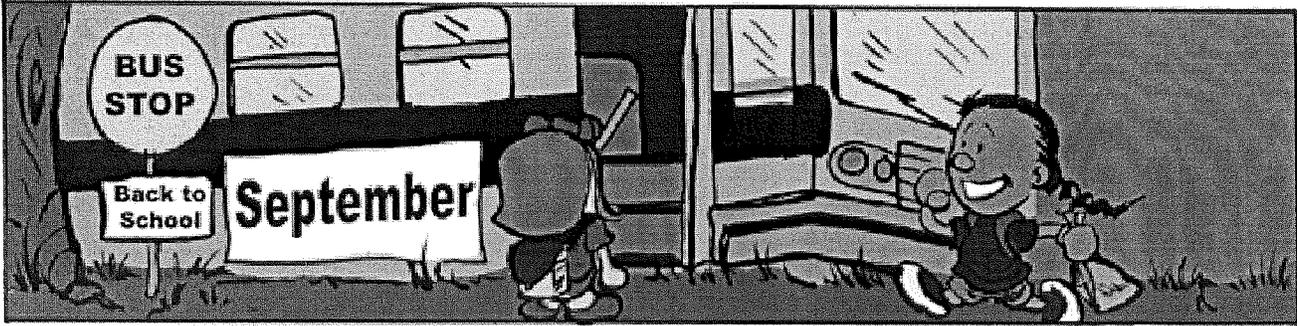


# BREAKFAST 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
This institution is an equal opportunity provider.				1 whole wheat biscuits Country Gravy Turkey sausage patty grape juice Fresh orange milk variety	2 Egg/Ham/Cheese whole wheat bagel Potato sticks Salsa Fresh apple slices orange juice milk variety	3 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe apple juice milk variety	
	4 Mini-Spooners Fresh orange vanilla cherry yogurt apple juice milk variety	5 Cinnamon french wheat toast Turkey sausage patty Fresh apple slices Syrup Margarine apple juice milk variety <b>LABOR DAY</b>	6 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe orange juice milk variety	7 Mini-Spooners Fresh honeydew raspberry yogurt apple juice milk variety	8 Whole grain pancakes Turkey sausage patty Fresh orange Syrup Margarine grape juice milk variety	9 whole wheat egg cheese,ham burrito Fresh apple slices Salsa orange juice milk variety	10 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe apple juice milk variety
	11 Mini-Spooners Fresh orange vanilla cherry yogurt grape juice milk variety	12 Cinnamon french wheat toast Turkey sausage patty Fresh apple slices Syrup Margarine orange juice milk variety	13 Oatmeal Wheat Toast Fresh cantaloupe Grape Jelly apple juice milk variety	14 Mini-Spooners Fresh honeydew raspberry yogurt grape juice milk variety	15 whole wheat biscuits Country gravy Turkey sausage patty Fresh orange orange juice milk variety	16 Egg/Ham/Cheese whole wheat bagel Potato sticks Salsa Fresh apple slices apple juice milk variety	17 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe grape juice milk variety
	18 Mini-Spooners Fresh orange vanilla cherry yogurt orange juice milk variety	19 Cinnamon french wheat toast Turkey sausage patty Fresh apple slices Margarine Syrup apple juice milk variety	20 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe grape juice milk variety	21 Mini-Spooners Fresh honeydew raspberry yogurt orange juice milk variety	22 Whole grain pancakes Turkey sausage patty Fresh orange Syrup Margarine apple juice milk variety	23 whole wheat egg cheese,ham burrito Fresh apple slices Salsa grape juice milk variety	24 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe orange juice milk variety
	25 Mini-Spooners Fresh orange vanilla cherry yogurt apple juice milk variety	26 Cinnamon french wheat toast Turkey sausage patty Fresh apple slices Syrup Margarine grape juice milk variety	27 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe orange juice milk variety	28 Mini-Spooners Fresh honeydew raspberry yogurt grape juice milk variety	29 whole wheat biscuits Country Gravy Turkey sausage patty grape juice Fresh orange milk variety	30 Egg/Ham/Cheese whole wheat bagel Potato sticks Salsa Fresh apple slices orange juice milk variety	

# AM SNACK 2016



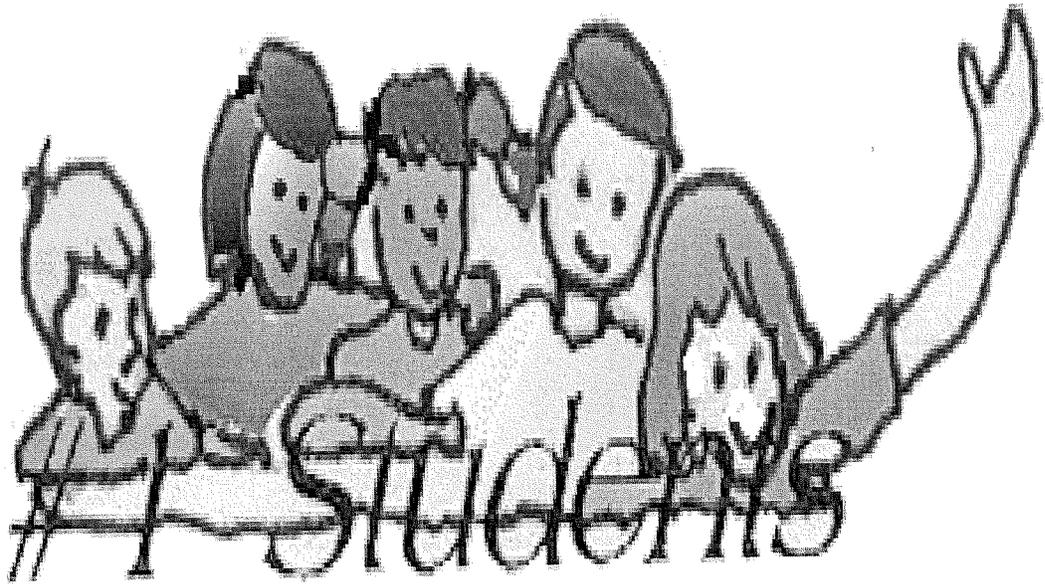
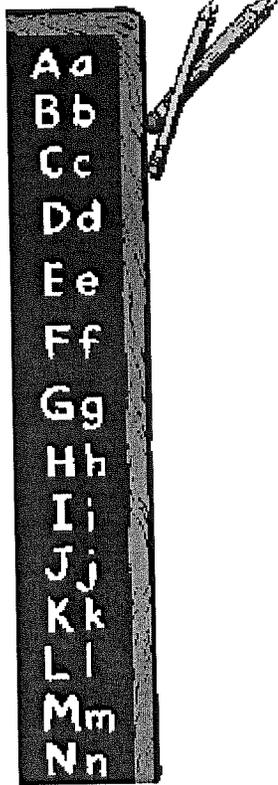
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This institution is an equal opportunity provider.				1 Cheese Sandwich	2 banana	3 Coffee Cake
4 Cheese Sandwich	5 Spice Cake  LABOR DAY	6 Blueberry&banana snack bread	7 Peach muffin	8 Cheese Sandwich	9 Apple Cinnamon Muffin	10 Coffee Cake
11 Cheese Sandwich	12 Spice Cake	13 Blueberry&banana snack bread	14 Peach muffin	15 Cheese Sandwich	16 banana	17 Coffee Cake
18 Cheese Sandwich	19 Spice Cake	20 Blueberry&banana snack bread	21 Peach muffin	22 Cheese Sandwich	23 Apple Cinnamon Muffin	24 Coffee Cake
25 Cheese Sandwich	26 Spice Cake	27 Blueberry&banana snack bread	28 Peach muffin	29 Cheese Sandwich	30 banana	

# LUNCH 2016

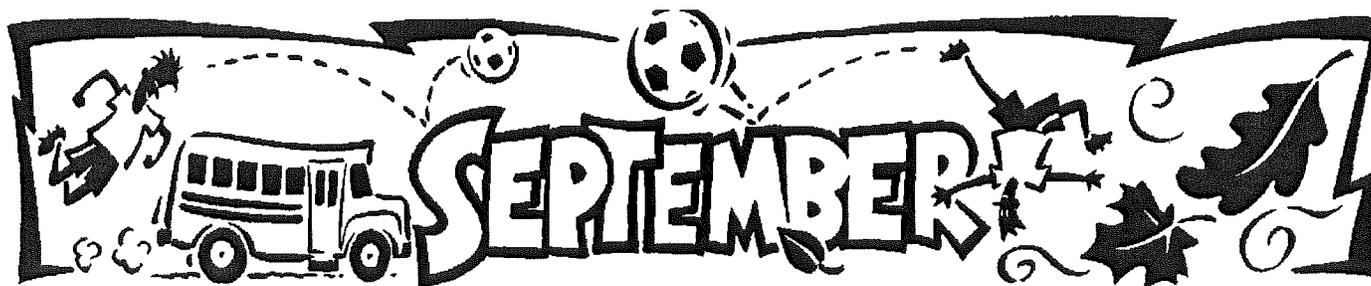


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This institution is an equal opportunity provider.				1 Idaho, Chili Mac. Green Beans Salad,toss Italian Fresh cantaloupe Wh,Garlic bread orange juice milk variety	2 Chicken sandwich Potato cheese wdg Salad,toss french Seasoned Beans Fresh honeydew Ketchup Mayonnaise grape juice milk variety	3 Salisbury steak Mashed Potatoes Brown Gravy Country Blend Salad,toss french Fresh grapes WH french bread Margarine grape juice milk variety
4 Cream Chicken Steam Brown Rice Steam Peas & Carrots Wh.Herb bread Salad, toss ranch Pineapple Tidbits orange juice milk variety	5 Spaghetti sauce Meatballs Whole wheat noodles Steamed Corn Caesar Salad Fresh honeydew Wh,Garlic bread apple juice milk variety <b>LABOR DAY</b>	6 Chicken Ques Sweet potato puffs Fresh grapes Salad,toss french Salsa Sour Cream grape juice milk variety	7 Lasagna w/Meat California Blend veg. Caesar Salad Fresh Watermelon Wh,Garlic bread orange juice milk variety	8 Pork chile verde Steam Brown Rice Carrot Coins Salad,toss Italian Fresh cantaloupe Wh.Herb bread apple juice milk variety	9 Fish Sticks Potato cheese wdg Steam Broccoli Idaho Bean Salad Fresh honeydew Wh.Herb bread Tartar Sauce Ketchup grape juice milk variety	10 Hamburger/ wh bun Sand. Toppings Country Blend Seasoned Beans Salad,toss french Fresh grapes Ketchup Mustard orange juice milk variety
11 Salisbury steak Mashed Potatoes Brown Gravy Steam Peas & Carrots Salad,toss Italian Pineapple Tidbits WH french bread Margarine apple juice	12 Spaghetti Tom.Veg. Sauce Whole wheat noodles Carrot Coins Caesar Salad Fresh honeydew Cheese stick Wh,Garlic bread grape juice	13 Hamburger/ wh bun Sand. Toppings Country Blend Potato cheese wdg Salad,toss french Fresh grapes Ketchup Mustard	14 Pork chile verde Steam Brown Rice California Blend veg. Salad,toss Italian Fresh Watermelon Wh.Herb bread apple juice milk variety	15 Beef Shepherd pie broccoli/cheese Salad, toss ranch WH french bread Margarine Fresh cantaloupe grape juice milk variety	16 Meatloaf Oven Potatoes Brown Gravy Mixed Vegetables Salad,toss french Fresh honeydew WH french bread Margarine orange juice milk variety	17 Chicken sandwich Sand. Toppings Spicy sweet potato wedge Seasoned Beans Salad,toss Italian Fresh grapes Mayonnaise apple juice milk variety
18 Country fried patty Mashed Potatoes Country gravy Steam Green Beans Pineapple Tidbits Salad,toss Italian Wh.Herb bread Cheese stick grape juice	19 Cream Chicken Steam Brown Rice Steam Peas & Carrots Wh.Herb bread Salad,toss french Fresh honeydew orange juice milk variety	20 Idaho, Chili Mac. Country Blend Salad, toss ranch Fresh grapes Wh,Garlic bread apple juice milk variety	21 Chicken Ques Sweet potato puffs Fresh Watermelon Salad,toss french Salsa Sour Cream grape juice milk variety	22 Veggie Lasagna California Blend veg. Caesar Salad Fresh cantaloupe Wh,Garlic bread orange juice milk variety	23 Fish Sticks Potato cheese wdg Steam Broccoli Idaho Bean Salad Fresh honeydew Wh.Herb bread Tartar Sauce Ketchup apple juice milk variety	24 Hamburger/ wh bun Sand. Toppings Mixed Vegetables Seasoned Beans Salad,toss french Fresh grapes Mustard Ketchup grape juice
25 Italian Goulash Carrot Coins Caesar Salad Pineapple Tidbits Wh,Garlic bread orange juice milk variety	26 Pork chile verde Steam Brown Rice California Blend veg. Salad, toss ranch Fresh honeydew Wh.Herb bread apple juice milk variety	27 Beef Shepherd pie broccoli/cheese Salad,toss french Fresh grapes WH french bread Margarine grape juice milk variety	28 Meatloaf Oven Potatoes Brown Gravy Mixed Vegetables Salad, toss ranch Fresh Watermelon WH french bread Margarine apple juice milk variety	29 Idaho, Chili Mac. Green Beans Salad,toss Italian Fresh cantaloupe Wh,Garlic bread orange juice milk variety	30 Chicken sandwich Potato cheese wdg Salad,toss french Seasoned Beans Fresh honeydew Ketchup Mayonnaise cherry berry juice milk variety	

# SEPTEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This institution is an equal opportunity provider.				1 Abracadabra Bar Milk Low Fat	2 Honey graham cracker chocolate milk fat free	3 Ham Sandwich Milk Low Fat
4 Blueberry Muffin Milk Low Fat	5 Turkey Sandwich Milk Low Fat  LABOR DAY	6 Fruit grain bar Cheese stick	7 soft pretzel chocolate milk fat free	8 Abracadabra Bar Milk Low Fat	9 Honey graham cracker chocolate milk fat free	10 Ham Sandwich Milk Low Fat
11 Blueberry Muffin Milk Low Fat	12 Turkey Sandwich Milk Low Fat	13 Fruit grain bar Cheese stick	14 soft pretzel chocolate milk fat free	15 Abracadabra Bar Milk Low Fat	16 Honey graham cracker chocolate milk fat free	17 Ham Sandwich Milk Low Fat
18 Blueberry Muffin Milk Low Fat	19 Turkey Sandwich Milk Low Fat	20 Fruit grain bar Cheese stick	21 soft pretzel chocolate milk fat free	22 Abracadabra Bar Milk Low Fat	23 Honey graham cracker chocolate milk fat free	24 Ham Sandwich Milk Low Fat
25 Blueberry Muffin Milk Low Fat	26 Turkey Sandwich Milk Low Fat	27 Fruit grain bar Cheese stick	28 soft pretzel chocolate milk fat free	29 Abracadabra Bar Milk Low Fat	30 Honey graham cracker chocolate milk fat free	



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This institution is an equal opportunity provider.				1 Chicken curry casserole Green Beans Salad, toss ranch WH french bread Margarine Peaches Milk Low Fat	2 Nacho Potato w/beef Fresh carrot&brocc. Sour Cream Salsa Ranch Dressing Vanilla bean ice cream Milk Fat Free	3 Sloppy Joe on a Bun Seasoned Wedge Steamed Peas Salad, toss Italian Ketchup Pears Milk Low Fat
	4 Chicken, nuggets WG Mac & Cheese Steam Broccoli Salad, toss Italian Apples&pears Ranch Dressing Milk Fat Free	5 White chicken chili Steam Green Beans Homemade Cornbread Honey Butter Vanilla bean ice cream wheat crackers Milk Low Fat <b>LABOR DAY</b>	6 Barbeque Pork on Whole Wheat Bun Potato sticks Steamed Peas Salad, toss ranch Oatmeal&choc. chip cookie Ketchup Milk Low Fat	7 Chic'penne Steam Broccoli Salad, toss french WH french bread Margarine Pineapple Tidbits Milk Fat Free	8 Fiesta beef soup wheat crackers Hot Dog Pork & Beans Mustard Ketchup Potato, Salad Peaches Milk Low Fat	9 Pizza Cheese Caesar Salad Mozzarella bread stick Ranch Dressing Apple honey crisp Milk Fat Free
11 Chicken curry casserole Steamed Peas Salad, toss french Applesauce WH french bread Margarine Milk Fat Free	12 Corndog Nuggets Seasoned Wedge Steamed Corn Salad, toss ranch Ketchup Mustard Vanilla bean ice cream Milk Low Fat	13 Soft taco Seasoned Beans Fresh carrot&brocc. Ranch Dressing Sour Cream Salsa Strawberry shine cake Milk Low Fat	14 Chicken, nuggets WG Mac & Cheese Steamed Peas Salad, toss french Peaches Ranch Dressing Milk Fat Free	15 Turkey Sandwich Potato sticks Vegetable Soup Salad, toss Italian Peaches Mayonnaise Ketchup Milk Low Fat	16 Nacho Potato w/beef Sour Cream Salsa Fresh carrot&brocc. Ranch Dressing Vanilla bean ice cream Milk Fat Free	17 Fish sandwich Potato sticks Steam Broc/cauliflower Salad, toss french Apricots Tartar Sauce Ketchup Milk Low Fat
18 Fiesta beef soup wheat crackers Hot Dog Pork & Beans Potato, Salad Pears Mustard Ketchup Milk Fat Free	19 Burritos Spicy brown rice Shredded lettuce diced tomato Salsa Sour Cream Oatmeal&raisin cookie Milk Low Fat	20 Pizza Cheese Caesar Salad Mozzarella bread stick Ranch Dressing Vanilla bean ice cream Milk Low Fat	21 Fish sandwich Potato sticks Steam Broc/cauliflower Apricots Tartar Sauce Ketchup Milk Fat Free	22 Sloppy Joe on a Bun Seasoned Wedge Steamed Peas Salad, toss Italian Pineapple Tidbits Ketchup Milk Low Fat	23 White chicken chili Green Beans Homemade Cornbread Honey Butter Apple honey crisp wheat crackers Milk Fat Free	24 Barbeque Pork on Whole Wheat Bun Seasoned Wedge Steamed Peas Salad, toss ranch Apples&pears Ketchup Milk Low Fat
25 Chic'penne Steam Broccoli Salad, toss Italian WH french bread Margarine Peaches Milk Fat Free	26 Corndog Nuggets Steamed Corn Seasoned Wedge Salad, toss french Mustard Ketchup Strawberry shine cake Milk Low Fat	27 Soft taco Seasoned Beans Apricots Fresh carrot&brocc. Ranch Dressing Sour Cream Salsa Milk Low Fat	28 Pizza Cheese Mozzarella bread stick Caesar Salad Ranch Dressing Apple honey crisp Milk Fat Free	29 Chicken curry casserole Green Beans Salad, toss ranch WH french bread Margarine Peaches Milk Low Fat	30 Nacho Potato w/beef Fresh carrot&brocc. Sour Cream Salsa Ranch Dressing Vanilla bean ice cream Milk Fat Free	