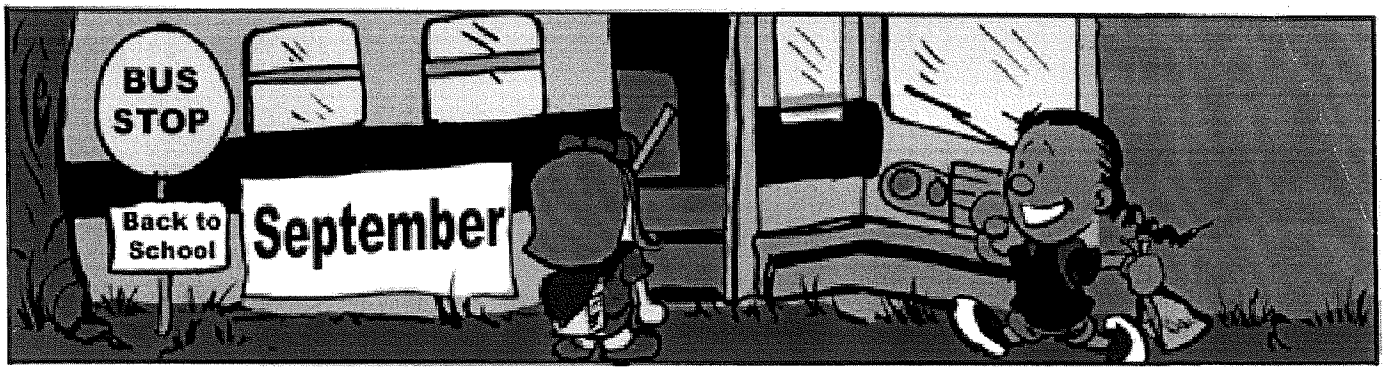
BREAKFAST 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe orange juice milk variety	2 Mini-Spooners Fresh honeydew rasberry yogurt apple juice milk variety	3 whole wheat biscuits Country gravy Turkey sausage Fresh orange grape juice milk variety	4 Egg/Ham/Cheese whole wheat bagel Potato sticks Salsa Fruit Pear, cup, orange juice milk variety	5 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe apple juice milk variety
6 Mini-Spooners Fresh orange vanilla cherry yogurt apple juice milk variety	7 Cinnamon french wheat toast Turkey sausage Fresh apple slices Syrup Margarine apple juice milk variety Labor Day	8 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe orange juice milk variety	9 Mini-Spooners Fresh honeydew rasberry yogurt apple juice milk variety	10 Whole grain pancakes Turkey sausage Fresh orange Syrup Margarine grape juice milk variety	11 whole wheat egg cheese,ham burrito Fresh apple slices Salsa orange juice milk variety	12 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe apple juice milk variety
13 Mini-Spooners Fresh orange vanilla cherry yogurt grape juice milk variety	14 Cinnamon french wheat toast Turkey sausage Fresh apple slices Syrup Margarine orange juice milk variety	15 Oatmeal Wheat Toast Fresh cantaloupe Grape Jelly apple juice milk variety	16 Mini-Spooners Fresh honeydew rasberry yogurt grape juice milk variety	17 whole wheat biscuits Country gravy Turkey sausage Fresh orange orange juice milk variety	18 Egg/Ham/Cheese whole wheat bagel Potato sticks Salsa Fruit,peach cup apple juice milk variety	19 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe grape juice milk variety
20 Mini-Spooners Fresh orange vanilla cherry yogurt orange juice milk variety	21 Cinnamon french wheat toast Turkey sausage Fresh apple slices Margarine Syrup apple juice milk variety	22 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe grape juice milk variety	23 Mini-Spooners Fresh honeydew rasberry yogurt orange juice milk variety	24 Whole grain pancakes Turkey sausage Fresh orange Syrup Margarine apple juice milk variety	25 whole wheat egg cheese,ham burrito Fruit,peach cup Salsa grape juice milk variety	26 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe orange juice milk variety
27 Mini-Spooners Fresh orange vanilla cherry yogurt apple juice milk variety	28 Cinnamon french wheat toast Turkey sausage Fresh apple slices Syrup Margarine grape juice milk variety	29 Oatmeal Wheat Toast Grape Jelly Fresh cantaloupe orange juice milk variety	30 Mini-Spooners Fresh honeydew rasberry yogurt apple juice milk variety			USDA is an equal opportunity provider and employer.

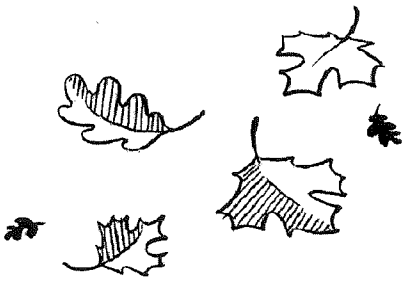
AM SNACK 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Blueberry&banana snack bread	2 Peach muffin	3 Cheese cracker	4 Coffee Cake	5 Fruit,peach cup
6 Cheese cracker	7 Spice Cake Labor Day	8 Blueberry&banana snack bread	9 Peach muffin	10 Cheese cracker	11 Cranberry apple muffin	12 Coffee Cake
13 Cheese cracker	14 Spice Cake	15 Blueberry&banana snack bread	16 Peach muffin	17 Cheese cracker	18 Coffee Cake	19 Fruit,pear cup
20 Cheese cracker	21 Spice Cake	22 Blueberry&banana snack bread	23 Peach muffin	24 Cheese cracker	25 Cranberry apple muffin	26 Fruit Pear, cup,
27 Cheese cracker	28 Spice Cake	29 Blueberry&banana snack bread	30 Peach muffin			USDA is an equal opportunity provider and employer.

September LUNCH 2015

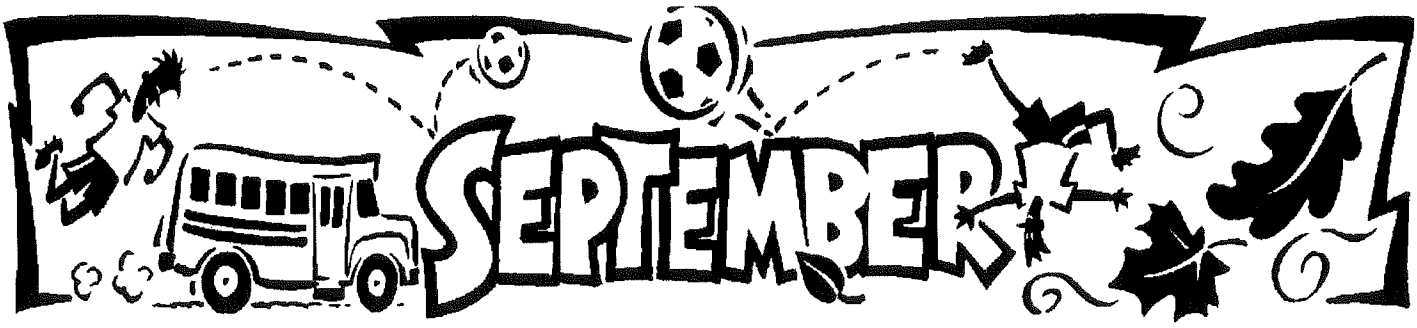
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Beef Shepherd pie broccoli/cheese French dark gr. salad Fresh Watermelon Whole wh, french bread Margarine orange juice milk variety	**2** Hot Turkey,sand. ww bun Sand. Toppings Potato cheese wedge Green Beans Italian ,gr. salad Fresh grapes Mayonnaise Mustard Ketchup cherry berry juice	**3** Meatloaf Oven Potatoes Brown Gravy Carrot Coins Ranch dr.green salad Fresh cantaloupe Whole wh, french bread Margarine apple juice milk variety	**4** Chicken fillet sandwich Sand. Toppings Mayonnaise Sweet potato puffs Seasoned Beans Italian ,gr. salad Fresh honeydew grape juice milk variety	**5** Salisbury steak Mashed Potatoes Brown Gravy Country Blend French dark gr. salad Fresh grapes Whole wh, french bread Margarine cherry berry juice milk variety
6 Cream Chicken Steam Brown Rice Carrot Coins Homemade , Wh.Herb bread Ranch dr.green salad Pineapple Tidbits orange juice milk variety	**7** Spaghetti sauce Meatballs Whole wheat noodles Steamed Corn Caesar Salad Fresh honeydew Homemade wh garlic bread cherry berry juice milk variety Labor Day	**8** Chicken Quesadillas Whole Wheat Tortillas Sweet potato puffs Fresh grapes French dark gr. salad Salsa Sour Cream grape juice milk variety	**9** Lasagna w/Meat California Blend veg. Caesar Salad Fresh Watermelon Homemade wh garlic bread orange juice milk variety	**10** Pork chile verde Steam Brown Rice Carrot Coins Italian ,gr. salad Fresh cantaloupe Homemade , Wh.Herb bread apple juice milk variety	**11** Fish Sticks Potato cheese wedge Steam Broccoli Idaho Bean Salad Fresh honeydew Homemade , Wh.Herb bread Tartar Sauce Ketchup cherry berry juice milk variety	**12** Hamburger on a bun Sand. Toppings Country Blend Seasoned Beans French dark gr. salad Fresh grapes Ketchup Mustard orange juice milk variety
13 Salisbury steak Mashed Potatoes Brown Gravy Steam Peas & Carrots Italian ,gr. salad Pineapple Tidbits Whole wh, french bread Margarine apple juice milk variety	**14** Spaghetti Tom.Veg. Sauce Whole wheat noodles Carrot Coins Caesar Salad Fresh honeydew Cheese stick Homemade wh garlic bread grape juice milk variety	**15** Turkey Sand ww bun Potato cheese wedge Green Beans French dark gr. salad Fresh grapes Mayonnaise Mustard Ketchup cherry berry juice	**16** Pork chile verde Steam Brown Rice California Blend veg. Italian ,gr. salad Fresh Watermelon Homemade , Wh.Herb bread apple juice milk variety	**17** Beef Shepherd pie broccoli/cheese Ranch dr.green salad Whole wh, french bread Margarine Fresh cantaloupe grape juice milk variety	**18** Meatloaf Oven Potatoes Brown Gravy Mixed Vegetables French dark gr. salad Fresh honeydew Whole wh, french bread Margarine orange juice milk variety	**19** Chicken fillet sandwich Sand. Toppings Spicy sweet potato wedge Seasoned Beans Italian ,gr. salad Fresh grapes Mayonnaise cherry berry juice milk variety
20 Country fried patty Mashed Potatoes Country gravy Steam Green Beans Pineapple Tidbits Italian ,gr. salad Homemade , Wh.Herb bread grape juice milk variety	**21** Cream Chicken Steam Brown Rice Steam Broccoli Homemade , Wh.Herb bread French dark gr. salad Fresh honeydew cherry berry juice milk variety	**22** Idaho, Chili Mac. Country Blend Ranch dr.green salad Fresh grapes Homemade wh garlic bread apple juice milk variety	**23** Chicken Quesadillas Whole Wheat Tortillas Sweet potato puffs Fresh Watermelon French dark gr. salad Salsa Sour Cream grape juice milk variety	**24** Veggie Lasagna California Blend veg. Caesar Salad Fresh cantaloupe Homemade wh garlic bread orange juice milk variety	**25** Fish Sticks Potato cheese wedge Steam Broccoli Idaho Bean Salad Fresh honeydew Homemade , Wh.Herb bread Tartar Sauce Ketchup cherry berry juice milk variety	**26** Hamburger on a bun Sand. Toppings Mixed Vegetables Seasoned Beans French dark gr. salad Fresh grapes Mustard Ketchup grape juice milk variety
27 Italian Goulash Carrot Coins Caesar Salad Pineapple Tidbits Homemade wh garlic bread orange juice milk variety	**28** Pork chile verde Steam Brown Rice California Blend veg. Ranch dr.green salad Fresh honeydew Homemade , Wh.Herb bread apple juice milk variety	**29** Beef Shepherd pie broccoli/cheese French dark gr. salad Fresh Watermelon Whole wh, french bread Margarine orange juice milk variety	**30** Hot Turkey,sand. ww bun Sand. Toppings Potato cheese wedge Green Beans Italian ,gr. salad Fresh grapes Mayonnaise Mustard Ketchup cherry berry juice			USDA is an equal opportunity provider and employer.

SEPTEMBER PM SNACK 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Fruit grain bar Cheese stick	2 soft pretzel chocolate milk fat free	3 Abracadabra Bar Milk Low Fat	4 Honey graham cracker chocolate milk fat free	5 Ham Sandwich Milk Low Fat
6 Apple Cinnamon Muffin Milk Low Fat	7 Turkey Sandwich Milk Low Fat Labor Day	8 Cheese stick Fruit grain bar	9 soft pretzel chocolate milk fat free	10 Abracadabra Bar Milk Low Fat	11 Honey graham cracker chocolate milk fat free	12 Ham Sandwich Milk Low Fat
13 Apple Cinnamon Muffin Milk Low Fat	14 Turkey Sandwich Milk Low Fat	15 Cheese stick Fruit grain bar	16 soft pretzel chocolate milk fat free	17 Abracadabra Bar Milk Low Fat	18 Honey graham cracker chocolate milk fat free	19 Ham Sandwich Milk Low Fat
20 Apple Cinnamon Muffin Milk Low Fat	21 Turkey Sandwich Milk Low Fat	22 Fruit grain bar Cheese stick	23 soft pretzel chocolate milk fat free	24 Abracadabra Bar Milk Low Fat	25 Honey graham cracker chocolate milk fat free	26 Ham Sandwich Milk Low Fat
27 Apple Cinnamon Muffin Milk Low Fat	28 Turkey Sandwich Milk Low Fat	29 Fruit grain bar Cheese stick	30 soft pretzel chocolate milk fat free			USDA is an equal opportunity provider and employer.

DINNER **2015**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Soft taco Seasoned Beans Apricots Fresh carrot&brocc. Ranch Dressing Sour Cream Salsa Milk Low Fat	2 Chic'penne Steamed Corn Italian ,gr. salad Homemade Whole Wheat Roll Margarine Peaches Milk Fat Free	3 Chicken curry casserole Green Beans French dark gr. salad Homemade Whole Wheat Roll Margarine banana Milk Low Fat	4 Nacho chips w/beef Fresh carrot&brocc. Sour Cream Salsa Ranch Dressing Vanilla bean ice cream Milk Fat Free	5 Sloppy Joe on a Bun Seasoned Wedge Steamed Peas Italian ,gr. salad Ketchup Pears Milk Low Free
6 Chicken, nuggets WG Mac & Cheese Steam Broccoli Italian ,gr. salad Apples&pears Ranch Dressing Milk Fat Free	7 Pizza Cheese Pasta Salad Mozzarella bread stick Ranch Dressing Vanilla bean ice cream Milk Low Fat Labor Day	8 Barbeque Pork on Whole Wheat Bun Potato sticks Steamed Peas Salad Cole Slaw Oatmeal&choc.chip cookie Ketchup Milk Low Fat	9 Chic'penne Steamed Corn French dark gr. salad Homemade Whole Wheat Roll Margarine Pineapple Tidbits Milk Fat Free	10 Fiesta beef soup wheat crackers Hot Dog Pork & Beans Mustard Ketchup Potato, Salad Peaches Milk Low Fat	11 White chicken chili Green Beans Homemade Cornbread Honey Butter Apple honey crisp wheat crackers Milk Fat Free	12 Burritos Spicy brown rice Shredded lettuce diced tomato Salsa Vanilla bean ice cream Sour Cream Milk Low Fat
13 Chicken curry casserole Steamed Peas French dark gr. salad Applesauce Homemade Whole Wheat Roll Margarine Milk Fat Free	14 Corndog Nuggets Seasoned Potatoe Steamed Corn Ranch dr.green salad Ketchup Mustard Vanilla bean ice cream Milk Low Fat	15 Soft taco Seasoned Beans Fresh carrot&brocc. Ranch Dressing Sour Cream Salsa Shine cake Milk Low Fat	16 Chicken, nuggets WG Mac & Cheese Steam Broc/cauilfower Ranch dr.green salad Peaches Ranch Dressing Milk Fat Free	17 Chicken Ala King Steam Brown Rice Italian ,gr. salad Homemade Whole Wheat Roll Margarine banana Milk Low Fat	18 Nacho chips w/beef Sour Cream Salsa Fresh carrot&brocc. Ranch Dressing Vanilla bean ice cream Milk Fat Free	19 Fish Patty on Whole W heat Bun Potato sticks Steam Broc/cauilfower French dark gr. salad Apricots Tartar Sauce
20 Fiesta beef soup wheat crackers Hot Dog Pork & Beans Potato, Salad Pears Mustard Ketchup Milk Fat Free	21 Burritos Spicy brown rice Shredded lettuce diced tomato Salsa Sour Cream Oatmeal&raisen cookie Milk Low Fat	22 Pizza Cheese Pasta Salad Mozzarella bread stick Ranch Dressing Vanilla bean ice cream Milk Low Fat	23 Fish Patty on Whole W heat Bun Potato sticks Steam Broc/cauilfower Apricots Tartar Sauce Ketchup Milk Fat Free	24 Sloppy Joe on a Bun Seasoned Wedge Steamed Peas Italian ,gr. salad Pineapple Tidbits Ketchup Milk Low Fat	25 White chicken chili Green Beans Homemade Cornbread Honey Butter Apple honey crisp wheat crackers Milk Fat Free	26 Barbeque Pork on Whole Wheat Bun Seasoned Wedge Steamed Peas Salad Cole Slaw Apples&pears Ketchup Milk Low Fat
27 Chicken Ala King Steam Brown Rice Ranch dr.green salad Homemade Whole Wheat Roll Margarine Peaches Milk Fat Free	28 Corndog Nuggets Steamed Corn Seasoned Potatoe French dark gr. salad Mustard Ketchup Shine cake Milk Low Fat	29 Soft taco Seasoned Beans Apricots Fresh carrot&brocc. Ranch Dressing Sour Cream Salsa Milk Low Fat	30 Chic'penne Steamed Corn Italian ,gr. salad Homemade Whole Wheat Roll Margarine Peaches Milk Fat Free			USDA is an equal opportunity provider and employer.